



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

Not being able to meet friends on campus can be challenging for many. With the move to online classes, it can be difficult to find ways to connect with your peers and make time to relax and socialize. Looking for ways to stay connected and involved this term? [Read this article](#) to learn how to find community online and to keep in touch with your friends and classmates.

Looking for spaces where you can find support, meet friends or volunteer? Check out this list of [inclusive spaces at UCalgary](#) you can connect with.

Have a great week!

International Student Services

Important dates

- **Oct. 12:** Thanksgiving Day; University closed

Career support

Attend the Virtual Career Fair

On **Oct. 6 from 9 a.m. to 4 p.m.**, get online and meet employers looking to hire students for a variety of opportunities, including part-time, summer, co-op/internship or full-time positions after



graduation. Students from all faculties are welcome.

[Register here »](#)



Canadian interviews and how to prepare

Join Career Services as they provide information on how to prepare for and succeed in a Canadian interview. Topics covered include how to prepare for questions specific to the job, non-verbal communication, salary negotiation, pronunciation tips, follow-up after interviews, and more.

Date: Thursday, Oct. 1

Time: 10 – 11:30 a.m.

Learn more and register [here](#).



Networking: Connecting with other people in Canada

Everyone you meet can help you get closer to finding a job in Canada. In this workshop, you'll learn what networking is, why it's important, and how to use LinkedIn to maintain your professional relationships.

Date: Monday, Oct. 5

Time: 2 – 3:30 p.m.

Learn more and register [here](#).

Online events and workshops



Virtual RealITEA

Need help focusing? Feeling isolated? Get work done in a social setting with the Faith and Spirituality Centre. There will be a timer for task-focused intervals to keep you motivated. After each interval, the FSC will lead conversations, play

games, do trivia, teach you a new skill, guide a stretch and more!

Date: Wednesday, Sept. 30 (weekly until Dec. 17)

Time: 11 a.m. – 1 p.m.

Learn more [here](#).



Ask a counsellor

Have questions about counselling, mental health, or how to stay well? In this interactive workshop, Wellness Services counsellors Danni Lei and Alex Klassen answer your questions about student life, relationships, personal wellbeing and everything in-between.

Date: Wednesday, Sept. 30 (today)

Time: Noon – 1 p.m.

Register [here](#).



Student success seminars

Is this your first time taking online classes? Join the Student Success Centre's seminar series as they provide tips and advice regarding online learning.

- **Oct. 1:** Getting started with online learning. Register [here](#).
-



Coffee and connection

Join Wellness Services for a relaxing conversation with other students. You'll have the opportunity to learn from each other and get tips on how to keep your life and studies on track during these challenging times. Topics change weekly.

Date: Thursday, Oct. 1 (weekly until Dec. 3)

Time: 11 a.m. – noon

Learn more and register [here](#).

Online Unwind: Speed friend-making

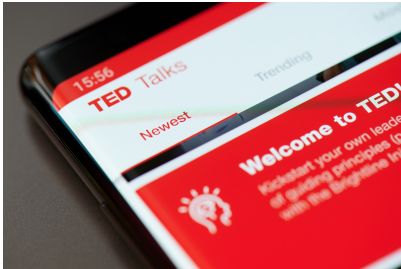


Leadership and Student Engagement (LSE) is hosting another event for students to meet and connect with others. Join them for fun icebreakers and activities to help you get to know other students. Bring friends or meet new ones — all are welcome!

Date: Friday, Oct. 2

Time: 2 – 3:30 p.m.

Register [here](#).



Online international conversation group: TED talks & discussion

Want to improve your English listening and speaking skills? Join the Student Success Centre as they show a short TED talk and participate in a friendly and interesting discussion.

Date: Tuesday, Oct. 6 (weekly until Nov. 24)

Time: 11 a.m. – 12:30 p.m.

Learn more [here](#).



Virtual study hall

Having a hard time studying on your own? You should join the SSC's virtual study hall. Sessions are held Monday through Friday, and they're hosted by SSC staff and UCalgary students. [Check out the upcoming sessions.](#)

ucalgary.ca/iss

This message was sent to because you are listed as subscribed to receive email communications from Student and Enrolment Services at the University of Calgary.

Don't want to receive this email? No problem. To unsubscribe from future messages like this, [click here](#).

University of Calgary
2500 University Drive NW
Calgary, AB T2N 1N4
CANADA

© University of Calgary 2020
[Privacy Policy](#)