



## Student and Enrolment Services

# International Student Services (ISS)



### Dear Student,

Can you believe October is almost already done? As the month wraps up, if you are in Calgary and interested in festivities happening around the city this weekend, check out [Eventbrite's list of activities](#).

Stay well!

International Student Services

### Important dates and information

- **Nov. 9:** Fall Convocation
- **Nov. 7 to 13:** Term break, no classes
- **Nov. 11:** Remembrance Day (University closed)

### Fall 2021 term break: off-campus work

During the term break, both undergraduate and graduate students are allowed to work full-time, overtime or multiple jobs. This may add up to a higher than usual number of hours during this period from Nov. 7 to 13, 2021.

Please, confirm with your **Program Advisor** if your program has a scheduled break or review your **Undergraduate Academic calendar** or **Graduate Studies Academic calendar**. To learn more about work regulations, please review:

- **Working in Canada as a student** - [ucalgary.ca](http://ucalgary.ca)

- **Work off-campus as an International Student** - Canada.ca
- **Study permits: Off-campus work** - Canada.ca

For questions, please contact our immigration advisors at [issimmigration@ucalgary.ca](mailto:issimmigration@ucalgary.ca).

## Information and opportunities

### 2021 Student Food Experience Survey

Do you want a chance to win a **\$25 grocery gift card** while providing feedback about student food experiences and providing input on improving student access to food? All you need to do is [complete this survey](#), which will help to improve student food experiences and inform future projects that increase access to good food. **Apply by: Oct. 29.**

For questions, contact [calgary@mealexchange.com](mailto:calgary@mealexchange.com).

### Call for nominations: Internationalization Achievement awards

Have you made your nomination for the University of Calgary Internationalization Achievement awards yet? These awards recognize the impact made by individuals toward reaching the goals of our Global Engagement plan. **Deadline: Oct. 31.**

### Mental Health and Wellbeing survey

Do you want a chance to **win a \$100 gift card** while helping UCalgary better understand the needs of its students? All you need to do is [complete the following survey](#) by **Nov. 5**. This survey aims to identify strengths, gaps, and opportunities to improve policies, services, and programs at UCalgary.

### SU Mental Health award (for undergraduate students)

Are you passionate about advocating for mental health? If yes, apply today for a chance to receive **\$1,500** from the SU Mental Health award! **Apply by Nov. 5 at 4 p.m.**

## Online events and workshops



### Explore Calgary with ISS: Blanco Cantina, Kensington

Do you want a fun, great way to kick start your term break? Join us as we visit one of the best Mexican restaurants in town—Blanco Cantina—for a taste of authentic Latin food.

**Date:** Monday, Nov. 8, 12:15 - 3 p.m. MST



Are you interested in staying and working in Canada after you graduate? A Regulated Canadian Immigration Consultant (RCIC) will present basic information on permanent residence (PR) pathways that may be available to you.

**Date:** Wednesday, Nov. 10, 9 - 11 a.m. MST



### **Communicating with Confidence at Work (for International Students)**

Do you want communication tips for the workplace? Join [Career Services](#) as they provide information on how to communicate with confidence, which may be helpful if English is not your first language.

**Date:** Thursday, Oct. 28, 10 - 11:30 a.m. MDT

### **Professionalism in the Canadian workplace (for International Students)**

Do you want tips on how to conduct yourself in the Canadian workplace? Join [Career Services](#) as they provide guidance on professionalism and how your cultural background may influence your behaviour.

**Date:** Wednesday, Nov. 10, 10 - 11:30 a.m. MST



### **Undergraduate awards, scholarships and funding opportunities**

Join the [Student Success Centre \(SSC\)](#) as they host a webinar to help you learn where to find scholarships and awards and give you tips on the application process.

**Date:** Monday, Nov. 8, 1 - 2 p.m. MST

*Additional scholarships, bursaries and awards specifically for International Students can be found on our [ISS Finances](#) page.*

**UFlourish**



Do you want to de-stress, learn new skills and connect with others? **Until Nov. 10**, UFlourish is hosting a series of workshops, events and seminars to help support your mental health and community connection at UCalgary. For a list of today's events, [visit here](#).

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### **Ten healthy habits of Financial Management (Online)**

Join Money Smart **today (Oct. 27)** from **1 to 2:15 p.m.** to learn how to self-assess your level of financial fitness, what the Ten Healthy Habits of Financial Management are, plus much more!

### **Investment 101: Investing basics for beginner level investors (Online)**

Join Money Smart on **Nov. 4**, from **1 to 2:30 p.m.** to learn about budgeting tips to help you build a habit of saving, how to determine your investor profile, ways to invest, plus much more!

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## **Do you want more events?**

Check out our **ISS Events calendar** for a list of events and workshops for International Students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

**ucalgary.ca/iss**

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