



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

We hope you had a restful and enjoyable Thanksgiving long weekend!

Are you looking for a quiet place to study? Our ISS lounge in [MSC-275](#) is open to International Students as a quiet study space, which can be booked between 9 a.m. and 4 p.m. (Monday to Friday) using the QR code at the reception desk. Please ensure you read and follow the guidelines while you are accessing the study space.

Stay well!

International Student Services

Important dates

- **Nov. 9:** Fall Convocation
- **Nov. 7 to 13:** Term break, no classes
- **Nov. 11:** Remembrance Day (University closed)

Information and opportunities

Peer Listening: Drop-In Mental Health Support

Are you feeling lonely, stressed, or need someone to talk to? [Wellness Services'](#) Peer Listening is offering daily (Monday to Friday) drop-in sessions from 12 p.m. to 4 p.m. MDT where you can speak with a volunteer about various mental health and wellness-related topics.

Learn more [here](#) or join a [drop-in Zoom session](#). For questions, please contact peerlistening@ucalgary.ca.

Online events and workshops



International Students & the Canadian Tax System

Join us as we host Outreach Officers from the [Canada Revenue Agency](#) (CRA) to present an introduction to the Canadian Tax System and the benefits and credits International Students may be entitled to.

Date: Wednesday, Oct. 13

Time: 1 p.m. to 2:30 p.m. MDT

[Register »](#)



International Student Stories podcast

Each month we welcome a student to share their experiences adapting to life at UCalgary, in Calgary and Canada through a brief interview. You will have an opportunity to submit your questions in advance and network with other students.

Topic: Time Management while working on/off-campus

Date: Thursday, Oct. 21

Time: 11 a.m. to 11:40 a.m. MDT

[Register »](#)

Note: If you cannot make this event, a recording will be available [here](#).



Explore Calgary with ISS: Candy Shop Café

Are you looking for a taste of Calgary's sweetest desserts? Join us for the debut of our new in-person event series, **Explore Calgary**. We will be going downtown to the Candy Shop Café for sweet desserts and mocktails while enjoying a fun game of charades.

Date: Sunday, Oct. 24

Time: 12:45 p.m. to 3 p.m. MDT

[Register »](#)



International Students & Scams with the CRA

Do you want to learn more about scams and phishing attempts? Join us as we host a representative from the [Canada Revenue Agency](#) (CRA) to discuss how to recognize and protect yourself from scams.

Date: Tuesday, Oct. 26

Time: 1 p.m. to 2:30 p.m. MDT

[Register »](#)



Undergraduate Awards, Scholarships and Funding Opportunities

Join the [Student Success Centre](#) (SSC) as they host this webinar to help you learn where to find scholarships and awards, and to give you tips on the application process.

Date: Thursday, Oct. 14

Time: 5 p.m. to 6 p.m. MDT

[Register »](#)

Note: Additional scholarships, bursaries and awards specifically for international students can be found on our [ISS Finances](#) page.



Canadian interviews and how to prepare for one (for International Students)

Do you want to learn about Canadian interviews and how to prepare for them? Join [Career Services](#) as they discuss what you will need to know before, during and after an interview in Canada.

Date: Wednesday, Oct. 20

Time: 10 a.m. to 11:30 a.m. MDT

[Register »](#)

Do you want more events?

Check out our [ISS Events calendar](#) for a list of events and workshops for International Students.

Are you interested in events hosted by other offices? Visit the following:

- [Career Services](#)
 - [Faith and Spirituality Centre](#)
 - [Leadership and Student Engagement](#)
 - [Money Smart](#)
 - [Student Success Centre](#)
 - [Student Wellness](#)
 - [Women's Resource Centre](#)
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Participate in research

Do you want to be a part of some of the groundbreaking research at UCalgary? Check our [Get Involved](#) page to see what's available for International Students.

Are you a study coordinator in need of research study participants? Submit a [research participant request](#).

ucalgary.ca/iss

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