



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

As the term break starts soon, please take some time to relax and recharge. If you are planning to work or travel during the term break, please be sure to familiarize yourself with the important information listed below.

As a reminder, don't forget to push your clocks backwards one hour this Sunday for the **Daylight Saving time** in Alberta.

Stay well!

International Student Services

Important dates and information

- **Nov. 7 to 13:** Term break, no classes
- **Nov. 9:** Fall Convocation
- **Nov. 11:** Remembrance Day (University closed)

Fall 2021 term break: Off-campus work

During the term break, both undergraduate and graduate students are allowed to work full-time, overtime or multiple jobs. This may add up to a higher than usual number of hours during this period from Nov. 7 to 13, 2021.

To learn more about work regulations, please review:

- **Working in Canada as a student** - ucalgary.ca
- **Work off campus as an International Student** - Canada.ca
- **Study permits: Off-campus work** - Canada.ca

For questions, please contact our immigration advisors at issimmigration@ucalgary.ca.

Information and opportunities

Travel and COVID-19 vaccinations

*We highly encourage all students to be fully vaccinated, with an **approved vaccine**, when travelling domestically and internationally.*

Effective Oct. 30, 2021, through to Nov. 29, 2021, persons 12 years and older will need to either be fully vaccinated with a **vaccine approved by Health Canada** or show a valid COVID-19 molecular test taken within 72 hours of travel to board:

- domestic or international flights departing from airports in Canada
- VIA Rail and Rocky Mountaineer trains
- non-essential passenger vessels, such as cruise ships, on voyages of 24 hours or more departing from ports in Canada

Effective Nov. 30, 2021, there will be limited exceptions to being fully vaccinated with a **vaccine approved by Health Canada** to board an aircraft or train in Canada.

Learn more: [COVID-19 Boarding flights, trains and cruise ships in Canada](#) (Travel restrictions in Canada)

All international students travelling are reminded to ensure they have a valid passport, valid study permit, and a valid temporary resident visa (TRV) or electronic travel authority (eTA).

Please keep in mind that you may be asked for a confirmation of enrolment letter and proof of funds upon entry to Canada.

Know before you go; please review the information from the following sources:

- [ISS COVID-19 FAQ page](#)
- [COVID-19: Travel, testing, quarantine and borders](#) - Travel.gc.ca
- [Mandatory COVID-19 vaccination requirements for federally regulated transportation employees and travellers](#) - Canada.ca

Travel note: *The Canadian government **continues to discourage non-essential travel** as the COVID-19 situation continues to be dynamic and rapid changes can occur.*

Mental Health and Wellbeing survey

Do you want a chance to **win a \$100 gift card** while helping UCalgary better understand the needs of its students? All you need to do is **complete the following survey** by **Nov. 5**. The survey aims to identify strengths, gaps and opportunities to improve policies, services and programs at UCalgary.

SU Mental Health award (for undergraduate students)

Are you passionate about advocating for mental health? If yes, **apply here** for a chance to receive **\$1,500** from the SU Mental Health award! **Apply by Nov. 5**.

Events and workshops



Explore Calgary with ISS: Blanco Cantina, Kensington (in-person)

Do you want a fun, great way to kick start your term break? Join us as we visit one of the best Mexican restaurants in town—Blanco Cantina—for a taste of authentic Latin food.

Date: Monday, Nov. 8, 12:15 - 3 p.m. MST



Permanent Residence information session

Are you interested in staying and working in Canada after you graduate? A Regulated Canadian Immigration Consultant (RCIC) will present basic information on permanent residence (PR) pathways that may be available to you.

Date: Wednesday, Nov. 10, 9 - 11 a.m. MST



Investment 101: Investing basics for beginner level investors (Online)

Join **Money Smart** to learn about budgeting tips to help you build a habit of saving, how to determine your investor profile, ways to invest and more!

Date: Thursday, Nov. 4, 1 - 2:30 p.m. MDT

Undergraduate awards, scholarships and funding opportunities

Join the **Student Success Centre (SSC)** as they host a webinar to help you learn where to find



scholarships and awards and give you tips on the application process.

Date: Monday, Nov. 8, 1 - 2 p.m. MST

Additional scholarships, bursaries and awards specifically for International Students can be found on our [ISS Finances](#) page.



Professionalism in the Canadian workplace (for International Students)

Do you want tips on how to conduct yourself in the Canadian workplace? Join [Career Services](#) as they provide guidance on professionalism and how your cultural background may influence your behaviour.

Date: Wednesday, Nov. 10, 10 - 11:30 a.m. MST



UFlourish

Do you want to de-stress, learn new skills and connect with others? **Until Nov. 10**, UFlourish is hosting a series of workshops, events and seminars to help support your mental health and community connection at UCalgary. For a list of today's events, [visit here](#).

Do you want more events?

Check out our [ISS Events calendar](#) for a list of events and workshops for International Students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

ucalgary.ca/iss

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