



International Students Services (ISS)

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Dear Student,

Congratulations on finishing the winter 2022 term!

It's now time to celebrate your accomplishments and hard work in the past academic year. If you are looking to explore Alberta this summer, here are three articles to help your exploration!

- [Three day trips to explore Alberta](#)
- [The beginner's guide to hiking Alberta](#)
- [Ten must-see destinations in Calgary](#)

Stay well!

International Student Services

Important dates and Information

- **May 4:** Spring intersession classes begin
 - **May 9:** Last day to drop a class without financial penalty
 - **May 9:** Last day to add or swap a course
 - **May 9:** End of spring refund period
 - **May 11:** Spring tuition and fee payment deadline
 - **May 23:** Victoria Day
 - **May 30 - June 3:** Spring convocation
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Important travel updates

As of April 25, 2022, fully vaccinated travellers are no longer required to provide a quarantine plan. Also, unvaccinated and partially vaccinated children under the age of 12 are no longer required to provide a valid pre-entry test result if they accompany a fully vaccinated adult.

Please note that you must still use ArriveCAN within 72 hours before arriving in Canada to provide your travel and vaccination information.

Know before you go: please review the information from the following sources before making any travel plans:

- [COVID-19: Travel, testing, quarantine and borders](#)
- [ISS COVID-19 FAQ page](#)

Information and opportunities

Intercultural Capacity Building Grant now accepting applications!

ii' taa'poh'to'p is now accepting proposal submissions for 2022–2023 Intercultural Capacity Building Grants. Students, faculty, or staff members with a big idea that would help to Indigenize our campus can apply for a grant of up to \$10,000.

Applications are due **June 1, 2022**.

[Learn more »](#)

Events and workshops



Mental Health Week, May 2 - 8, 2022

Find stories and resources from our campus community and take part in events happening all week.



Join us for Grad Success Week

Are you an international graduate student? Be sure to sign up to attend Grad Success Week, running May 3 – 5. Get practical tips to improve your writing and research skills, and participate in wellness workshops to stay resilient during your studies.

Making friends in Canada



Do you want to make new friends with ease? Join our International Student Career Development Specialist as she shares some tips and tricks on making friends in Canada. There will also be various connection opportunities for on- and off-campus resources.

Date: Wednesday, May 11

Time: 11 a.m. – noon MDT

Do you want more events?

Check out our **ISS Events calendar** for a list of events and workshops for international students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

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