



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

Interested in supporting international students while gaining Canadian work experience? We are hiring student Program Assistants for the upcoming 2021/22 academic year. Visit our [Get Involved](#) webpage for information on the available positions, as well as for instructions on how to apply.

Submit your applications by **Thursday, April 1, 2021**.

Have a great week!

International Student Services



International Student Stories: Employment experiences as an international student in Canada

Each month we welcome a student to share their experiences adapting to life at UCalgary and/or in Calgary and Canada through a brief interview. For this session, you'll have an opportunity to submit your questions in advance and network with other students.

Can't make the live event? A recording will be available [here](#).

Date: Thursday, March 25

Time: 2 – 3 p.m. MDT

[Register »](#)

Important dates and information

- **March 31:** Deadline to apply for spring Convocation. [What does this mean?](#)
- **April 2:** Good Friday (university closed)
- **April 5:** Easter Monday (university closed)

Student club feature



Bike Root

With more than 1,000 kilometers of paved bicycle pathways in Calgary, [Bike Root](#) has affordable refurbished bikes for purchase to help you explore this great city. Bike Root is a bike shop that is run by student volunteers where you can come and learn how to fix and maintain your bike!

Follow them on [Instagram](#) and [Facebook](#).

Want your student club promoted? Complete our [submission form](#).

Online events and workshops



Your voice matters. Get involved!

Want to get involved in your local community and take part in the 2021 Calgary municipal election? Attend one of two sessions hosted by [Calgary Local Immigration Partnership](#) (CLIP) to learn how.

Date: Thursday, March 18

Session 1: 10:30 a.m. – noon MDT

Session 2: 6:30 – 8 p.m. MDT

[Register »](#)



Virtual Board Game Café

Drop in and join Student Wellness Services for virtual games and activities. Make some new friends, de-stress and have fun!

Date: Friday, March 19 (weekly until Apr. 16)

Time: 9 – 11 a.m. MDT

[Register »](#)



Simple Chefs

Want to learn how to cook a new meal? Join the Faith and Spirituality Centre for this cooking session with a special featured chef!

Date: Sunday, March 21

Time: 6 – 8 p.m. MDT

[Register »](#)



Stages of Change peer support group

This group is intended for students to openly and freely discuss their struggles with unhealthy habits. Join other students to hear their similar challenges, and have a place to discuss and explore change.

Date: Monday, March 22 & 29

Time: 3:30 – 4:30 p.m. MDT

[Register »](#)



CMHS Annual Progress Event: Nurturing Resiliency

Join the Mental Health Strategy as they host an international resilience expert, Dr. Michael Ungar, to have an open discussion on finding hope through the difficult challenges we have faced during the pandemic.

Date: Wednesday, March 24

Time: 11:45 a.m. – 1 p.m. MDT

[Register »](#)

What to do after you graduate

Want to work in Canada after your studies? Learn how to effectively explore career options, search



for jobs and set goals in this online workshop. You'll also explore the possibility of staying in Canada to work with a post-graduate work permit (PGWP), and get a brief overview of permanent residency options.

Date: Thursday, March 25

Time: 10 – 11:30 a.m. MDT

[Register on CareerLink »](#)



Holi Celebration

Come celebrate Holi, the festival of colours, with the Faith and Spirituality Centre. There will be Bollywood songs and dancing, as they celebrate this festival to welcome spring.

All are welcome to attend this online event.

Date: Sunday, March 28

Time: 6:30 – 7:30 p.m. MDT

[Register »](#)



Nutrition & COVID-19: What are the issues? Proactive tips for optimal health & well-being

Join this Wellness Services workshop to learn more about how to manage your nutrition during the pandemic, and how good nutrition habits can support your physical and mental health.

Date: Tuesday, March 30

Time: 4 – 5 p.m. MDT

[Register »](#)

International students and the Canadian tax system

Join us as we host outreach officers from the [Canada Revenue Agency](#) (CRA) to present an introduction to the Canadian Tax System and the benefits and credits international students may be entitled to.



Date: Wednesday, March 31

Time: 1 – 2:30 p.m. MDT

[Register »](#)



Student success seminars

Looking for ways to succeed as a student? Sign up for a Student Success Centre workshop to get advice on topics related to learning.

- **March 17, 3 p.m. MDT:** [Establishing motivation while studying online](#)
- **March 18, 11 a.m. MDT:** [Supporting & maintaining online learning](#)
- **March 23, 3:30 p.m. MDT:** [Study smarter, not harder](#)
- **March 24, 11 a.m. MDT:** [Exam Preparation](#)

Not studying in Canada? Check out SSC's guide on [studying at UCalgary from outside Canada](#).

Want more events?

Check out our [events calendar](#) for a complete list of events and workshops for international students.

Participate in research

Want to be a part of some of the groundbreaking research at UCalgary? Check our [Get Involved](#) page to see what's available for international students.

- **CLIP Newcomer Survey** | Eligible participants will be entered to win a \$50 gift card
- **Language Brokering Initiative** | Eligible participants will receive a \$30 gift card

Are you a study coordinator in need of research study participants? Submit a [research participant request](#).

ucalgary.ca/iss

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University of Calgary
2500 University Drive NW
Calgary, AB T2N 1N4
CANADA

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