

Student and Enrolment Services



Dear Student,

Our office will be temporarily closed for Canada Day on July 1, as well as July 2. We will not be providing remote services during that time. We encourage you to contact us when we reopen on Monday, July 5.

If you are a UCalgary international student in Calgary requiring immediate emergency assistance during that time, please contact Campus Security at +1 (403) 220-5333 or campus.security@ucalgary.ca.

Stay well!

International Student Services



How to prepare for your arrival in Calgary during the COVID-19 pandemic

Have questions about planning your trip to Canada? We will provide an overview of helpful resources to use when planning your arrival in Calgary during the COVID-19 pandemic.

Date: Tuesday, July 13 **Time:** 10 – 11 a.m. MDT

Register »

- July 1: UCalgary closed Canada Day
- July 2: ISS office closed; last day to add/drop/swap courses without financial penalty
- July 7: Fee payment deadline
- August 2: UCalgary closed Alberta Heritage Day

IRCC Announcements - Travel Restrictions

Fully Vaccinated Travellers

Effective **July 6, 2021**, fully-vaccinated travellers who are eligible to enter Canada (including international students with a valid study permit or study permit approval) may be exempt from the 14-day quarantine (including the 3-day hotel stay) and Covid-19 testing on day 8 of quarantine.

Fully-vaccinated travellers must have digital or paper proof of an approved Covid-19 vaccination (in English, French, or certified translation), complete predeparture testing and testing upon arrival in Canada, be asymptomatic while travelling, prepare and submit a quarantine plan, and follow all public health measures currently in place. Learn more:

- Fully Vaccinated Travellers Website
- Coronavirus disease (COVID-19): International Students
- COVID-19: Travel, quarantine and borders

If you intend to live in UCalgary Residences, you must also follow any current quarantine and resident health measures. For more details, please visit Residence Services' website.

India

The Government of Canada has extended the suspension of flights flying directly from India to Canada **until July 21, 2021**. If you are travelling to Canada from India through a connecting country, you will be required to obtain a COVID-19 pre-departure test from the third country before continuing your trip to Canada.

Student opportunities and resources

ISS Mentorship Program

Are you in your second year or above? Be a guide for new international students at UCalgary for the upcoming fall term. As a mentor, you'll share your knowledge and experience with life at UCalgary, while making new friends and developing useful mentorship and intercultural communication skills.

Check out Goundo Diarra's experience being a mentor here.

Language Learning Resources

UCalgary and the Calgary community have resources, events and programs specifically dedicated for language learning, practicing and sharing.

To learn more about these available resources, visit our website here.

Online events and workshops



ISS Webinars and Workshops

Did you miss an ISS webinar or want to see what's upcoming? Check out our new webpage to find webinars that answer your questions on immigration, getting settled, and much more!



English Corner: Summer Program

New to Canada? Do you want to improve your English speaking skills, while making new friends? Join the Faith and Spirituality Centre as they host a weekly session to help you practice your English communication skills and to meet other students.

Date: Wednesday, June 30 (weekly until Aug. 11)

Time: 7:30 – 9 p.m. MDT

Register »



Yoga for everybody

Want a chance to stretch, move and relax? Join the Faith and Spirituality Centre as they host a weekly yoga session.

Date: Tuesday, July 6 (weekly until Aug. 31)

Time: 12 – 1 p.m. MDT

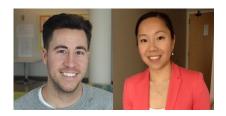
Register »



Interested in staying and working in Canada after you graduate? A Regulated Canadian Immigration Consultant (RCIC) will present basic information on permanent residence (PR) pathways that may be available to you.

Date: Wednesday, July 7 **Time:** 9 – 11 p.m. MDT

Register »



Ask a Counsellor workshop: Summer edition

Have questions about counselling, mental health, or how to stay well? In this interactive workshop, Student Wellness Services counsellors Danni Lei and Alex Klassen answer your questions about student life, relationships, personal wellbeing and everything in between.

Date: Wednesday, July 7 **Time:** noon – 1 p.m. MDT

Register »



Career Services workshops

Interested in working in Canada? Want career advice and support with your interviews? Join Career Services as they host workshops specific to supporting the career needs of international students.

- July 7, 10 11:30 a.m. MDT: Interested in working in Canada? - Live Q&A group discussion
- July 8, 2 3 p.m. MDT: Ace the Interview (undergraduate students)
- July 15, 10 11:30 a.m. MDT: Video and phone Interviews and how to prepare
- July 28, 10 11 a.m. MDT: Top Tips: Preparing to Start Your Career in Canada
- July 28, 2 3 p.m. MDT: Resume and cover letter (undergraduate students)

Register on CareerLink »



Choosing Accommodation in Calgary

Not sure where to live? We will discuss the benefits and disadvantages of living either on-campus or off-campus to help ensure you are making a decision that best suites your needs.

Date: Friday, July 9 **Time:** 9 – 10 a.m. MDT

Register »



Healthcare & Medical Insurance in Alberta

Want more information about healthcare and medical insurance? We will provide an overview of the Alberta Healthcare system and medical insurance.

Date: Wednesday, July 14 **Time:** 9 – 10 a.m. MDT

Register »



Finding Off-Campus Accommodation

Want to live off-campus but not sure where to start looking? We will provide you with an overview of resources and important considerations when looking for rental housing off-campus in Calgary.

Date: Tuesday, July 20 **Time:** 9 – 10 a.m. MDT

Register »



Finances and Planning for the Year Ahead

Need guidance on how to start planning your expenses? We will provide an overview of resources and important considerations when planning for your expenses for the upcoming year.

Date: Wednesday, July 21 **Time:** 9 – 10 a.m. MDT



Resources for Students with Families

Coming to Canada with your family? We will provide an overview of campus services that international student family members can access, and will highlight a few key resources in the community to help with settlement in Calgary.

Date: Tuesday, July 27 **Time:** 9 – 10 a.m. MDT

Register »

Want more events?

Check out our **events calendar** for a complete list of events and workshops for international students.

Participate in research

Want to be a part of some of the groundbreaking research at UCalgary? Check our Get Involved page to see what's available for international students.

Are you a study coordinator in need of research study participants? Submit a research participant request.

ucalgary.ca/iss

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