



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

We hope you are having an enjoyable summer and are able to take some time to relax and recharge.

Our team has some great resources and upcoming webinars listed below to help you prepare for the fall 2021 term.

If you have any questions or need support, please don't hesitate to reach out to our team at iss@ucalgary.ca.

Stay well!

International Student Services



ISS webinars and workshops

Did you miss an ISS webinar or want to see what's upcoming? Check out our [new webpage](#) to find webinars that answer your questions on immigration, getting settled, and much more!

Important dates

- **August 2:** UCalgary closed - Alberta Heritage Day

Student opportunities and resources

Volunteer opportunity

Are you a graduate student? The Graduate Students' Association (GSA) is looking for students to join their GSA committees and subcommittees.

This opportunity will help you enhance your resume and develop new skills – while meeting new friends and having fun! In addition, you will be able to enrich your student experience, shape our community, and improve our society.

Learn more [here](#) and **apply by July 16**.

Free online multilingual counselling services

The Immigrant Education Society (TIES) is offering free online psychological counselling services in a variety of languages (English, Mandarin, Cantonese, Spanish, Hindi, Urdu, Russian, Ukrainian, and Arabic). Their team of professional counsellors are available to support you and guide you through any challenges you may be facing. All are welcome!

Learn more and book [here](#).

COVID-19 vaccination

Want to book your vaccine appointment on campus? [Student Wellness Services'](#) medical clinic is now offering vaccinations by appointment. Learn more and book [here](#).

I.D.A. Pharmacy is also offering vaccinations. For more information and to book your appointment with them, please call +1 (403) 282-0100.

Language learning resources

UCalgary and the Calgary community have resources, events and programs specifically dedicated for language learning, practicing and sharing.

To learn more about these available resources, visit our website [here](#).

Online events and workshops

English Corner: summer program

New to Canada? Do you want to improve your English speaking skills while making new friends? Join the [Faith and Spirituality Centre](#) as they host a



weekly session to help you practice your English communication skills and to meet other students.

Date: Wednesday, July 14 (weekly until Aug. 11)

Time: 7:30 – 9 p.m. MDT

[Register »](#)



Finding off-campus accommodation

Want to live off-campus but not sure where to start looking? We will provide you with an overview of resources and important considerations when looking for off-campus rental housing Calgary.

Date: Tuesday, July 20 & Friday, Aug. 6

Time: 9 – 10 a.m. MDT

[Register »](#)



Yoga for everybody

Want a chance to stretch, move and relax? Join the [Faith and Spirituality Centre](#) as they host a weekly yoga session.

Date: Tuesday, July 20 (weekly until Aug. 31)

Time: 12 – 1 p.m. MDT

[Register »](#)



Finances and planning for the year ahead

Need guidance on how to start planning your expenses? We will provide an overview of resources and important considerations when planning for your expenses for the upcoming year.

Date: Wednesday, July 21

Time: 9 – 10 a.m. MDT

[Register »](#)

Resources for students with families



Coming to Canada with your family? We will provide an overview of campus services that international student family members can access and will highlight a few key resources in the community to help with settlement in Calgary.

Date: Tuesday, July 27

Time: 9 – 10 a.m. MDT

[Register »](#)



Career Services workshops

Interested in working in Canada? Want career advice and support with your interviews? Join [Career Services](#) as they host workshops specific to supporting the career needs of international students.

- **July 15, 10 – 11:30 a.m. MDT:** [Video and phone interviews and how to prepare](#)
- **July 28, 10 – 11 a.m. MDT:** [Top tips: Preparing to start your career in Canada](#)
- **July 28, 2 – 3 p.m. MDT:** [Resume and cover letter \(undergraduate students\)](#)

[Register on CareerLink »](#)



Get set for success in your second year

Are you entering your second year? These webinars, hosted by the [Student Success Centre \(SSC\)](#), will help you set goals for a fulfilling and successful year.

- July 27, 7 p.m. MDT - [Register »](#)
- July 30, 11 a.m. MDT - [Register »](#)
- Aug. 3, 11 a.m. MDT - [Register »](#)
- Aug. 4, 7 p.m. MDT - [Register »](#)

Not in your second year? SSC has other learning resources available [here](#).

How to prepare for your arrival in Calgary during the COVID-19 pandemic



Have questions about planning your trip to Canada? We will provide an overview of helpful resources to use when planning your arrival in Calgary during the COVID-19 pandemic.

Date: Thursday, Aug. 5

Time: 10 – 11 a.m. MDT

[Register »](#)

Want more events?

Check out our [events calendar](#) for a complete list of events and workshops for international students.

Participate in research

Want to be a part of some of the groundbreaking research at UCalgary? Check our [Get Involved](#) page to see what's available for international students.

Are you a study coordinator in need of research study participants? Submit a [research participant request](#).

ucalgary.ca/iss

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