



International Students Services (ISS)



Dear Student,

Did you miss our Wednesday, Jan. 5, undergraduate, exchange and graduate student orientation? Do you want to review the presentations again? All recordings and slides are now available on our [ISS Webinars & Workshops webpage](#).

Check it out to learn about available resources for you at UCalgary!

Stay well!

International Student Services

Important dates and information

- **Jan. 15:** Deadline to apply for winter conferral of degree
- **Jan. 20:** Last day to drop a class without financial penalty
- **Jan. 20:** End of tuition refund period
- **Jan. 21:** Last day to add or swap a course

Information and opportunities

Winter 2022 USpeak applications open

USpeak Global is a language-sharing program open to all students, international and Canadian, at UCalgary. USpeak Global allows students to improve and expand their language skills, meet new people and learn together in an informal setting.

[Learn more »](#)

[Sign up »](#)

Get your required course materials for free!

20 students are selected to borrow required materials for free! To qualify, you must be an undergraduate student in your second year or higher, have a GPA over 2.60, be enrolled in both the fall and winter terms, and show financial need. Apply by Jan. 16.

[Learn more »](#)

Events and workshops



Health insurance system in Alberta

This session will introduce Alberta Health Care Insurance Plan, Alberta Blue Cross Insurance, Alberta Child Health Benefits, Alberta Adult Health Benefits, and Low Income Eye and Dental Assistance Programs.

Date: Tuesday, Jan. 25, 1 – 2:30 p.m. MST



Your health care choices

This session will provide an overview of the choices of key health care services available in Calgary. It will also discuss and highlight how to use Health Link Alberta and request health care interpretation services from Alberta Health Services.

Date: Tuesday, Feb. 1, 1 – 2:30 p.m. MST

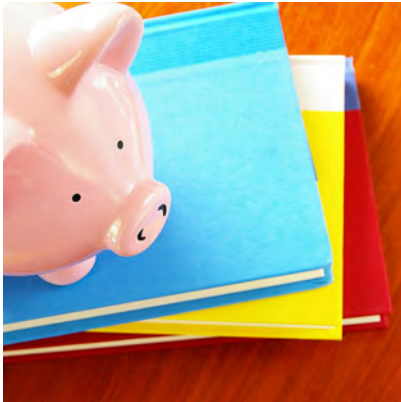
Choosing healthy foods in Canada

Choosing healthy foods in Canada could be very different from choosing healthy foods in many parts of the world. This health session highlights important food and nutrition choices to help diverse communities make healthy food choices for their families. The session is hosted by International



Student Services (ISS) and presented by Sylvie Lebihan from Alberta Health Services.

Date: Tuesday, Feb. 8, 1 – 2:30 p.m. MST



Financing basics: borrowing 101

Do you know what impacts your credit score? Are you aware of what creditors look for when approving you for credit? Learn how your credit score works and how to distinguish between different types of financing in this Money Smart workshop.

Date: Thursday, Jan. 13, 1 – 2:15 p.m. MST

Do you want more events?

Check out our **ISS Events calendar** for a list of events and workshops for international students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

ucalgary.ca/iss

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