



## Student and Enrolment Services

# International Student Services (ISS)



### Dear Student,

Friday, Feb. 12 marks the Lunar New Year and the beginning of the Spring Festival for China and some other east Asian countries. Celebrate this event with the **Chinese Language Conversation Club**, where you'll practice calligraphy, learn how to write your Chinese name, find out which traditions are practiced for the new year, make new friends and much more.

**Date:** Friday, Feb. 12

**Time:** 7 – 9 p.m. MST

[Register here »](#)

We hope you see you there!

International Student Services

### Help improve student mental health services

Have your say! Take two brief surveys to help improve student mental health services on campus. You'll receive a **\$20 Amazon gift card** for your help.

To learn more and participate, email the study coordinator at [thomas.lange@ucalgary.ca](mailto:thomas.lange@ucalgary.ca).

Important dates and information

- **Feb. 12:** Winter [conferral of a degree](#)
  - **Feb. 14:** Start of term break (no classes)
  - **Feb. 20:** End of term break
- 

**Are you planning to travel to Canada this term?** If so, make sure you understand the quarantine process you will need to follow. [Learn more »](#)

## Need help?

If you're a UCalgary student currently studying remotely from an international location, you have access to confidential emotional support services, including a mental health counsellor for up to five sessions per incident, per year. This service, provided by International SOS, is available 24 hours a day, 365 days a year.

To get this support, call collect to +1 (215) 354-5000 or download the **International SOS app** to your phone and register using the UCalgary membership ID (**27AYCA093142**). You can also use the app to “chat” with International SOS if you choose.

If you have any issues accessing the services, call Campus Security at +1 (403) 220-5333 (call collect) for emergencies or email Risk Management and Insurance at [riskmgmt@ucalgary.ca](mailto:riskmgmt@ucalgary.ca).

## International student resources

### Make the most of your term break

During the term break, conversation leaders and staff from the Student Success Centre are hosting a series of events to improve your English language skills using films, poetry and language-building games in interactive, small group sessions.



- **Feb. 16, 1 p.m. MST:** [Improving language skills through journaling](#)
- **Feb. 16, 3 p.m. MST:** [Language through the arts](#)
- **Feb. 17, 11 a.m. MST:** [Documentaries and discussion](#)
- **Feb. 17, 3 p.m. MST:** [Language-building games](#)

[View the full list of events »](#)

---

**Visit the virtual study hall**

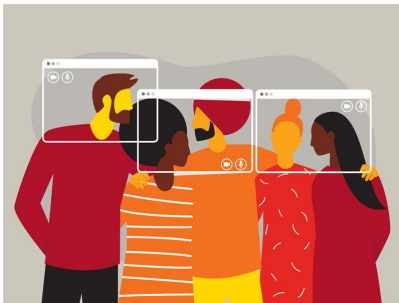
Need help with your courses? Drop-in to a [virtual study group](#) facilitated by a peer helper at the Student Success Centre. Establish a weekly study routine while getting to know other students and campus resources.

## Writing support

Develop your language skills, have your writing reviewed, learn how to properly cite your work and more! The Student Success Centre offers [writing support appointments](#) seven days a week, where you can book up to three one-on-one sessions.

**Want group support?** You can also attend weekly [Grad Writing Community](#) meetings or register for undergraduate Writers' Space workshops on [CareerLink](#).

## Online events and workshops this week



### Stay active and connected with UCalgaryTogether

Connect with others, find community and support and socialize while learning new skills, exercising or engaging in exciting conversation. Each event is hosted by volunteers from the COVID-19 Volunteer Support initiative.

[Find and register for events »](#)



### Career Services workshops

#### **Feb. 10, 10 – 11:30 a.m. MST: Connecting with other people in Canada (Networking)**

The way you communicate and interact with others can vary greatly between cultures. This workshop will help you understand networking practices from a Canadian perspective, and show you how to build and maintain professional relationships to leverage your career.

#### **Feb. 18, 10 – 11:30 a.m. MST: Communicating with confidence at work**

Strong verbal and written communication is key to succeeding in and out of the workplace. Learn how you can develop your language skills, as well as identify important behaviours that will help you appear more confident and clear in your interactions.

[Register on CareerLink »](#)

---



### Student success seminars

Looking for ways to succeed as a student? Sign up for a Student Success Centre workshop for advice on how to study for classes, create a time management plan or any other topics related to learning that you wish to know about.

- **Feb. 10, 3 – 4 p.m. MST:** [Navigating online assessments](#)
- **Feb. 11, 11 a.m. – noon MST:** [Establishing motivation while studying online](#)
- **Feb. 11, 3:30 – 4:30 p.m. MST:** [Study smarter, not harder](#)

**Not studying in Canada?** Check out SSC's guide on [studying at UCalgary from outside Canada](#).

---



### Virtual show and tell

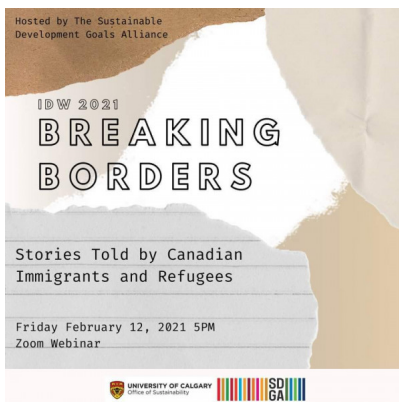
Interested in a fun way to connect with your peers? Bring your pet or a beloved item to show and share as we play fun icebreaker games in this session hosted by Student Wellness Services.

**Date:** Friday, Feb. 12

**Time:** 9 – 10 a.m. MST

[Register here »](#)

---



### Breaking Borders - Stories told by Canadian Immigrants and Refugees

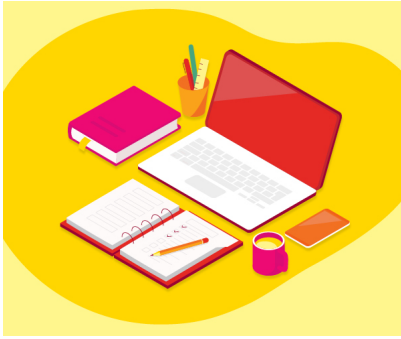
Come and listen to unique stories told by Canadian Immigrants and Refugees on sustainable development at this event hosted by the Sustainability Office.

**Date:** Friday, Feb. 12

**Time:** 5 – 6 p.m. MST

[Register here »](#)

---



### Free IELTS test preparation course

Are you preparing for an upcoming International English Language Testing System (IELTS) academic or general training test? Get feedback on your speaking and writing skills from an experienced examiner and language test researcher. This free course will be delivered online by D2L.

**Date:** Monday, Feb. 15

Email [judi.ringuette@ucalgary.ca](mailto:judi.ringuette@ucalgary.ca) to learn more.



### Online Unwind: Jeopardy

Want to meet new people, and have a chance to win \$50 of gifts? Join the Leadership and Student Engagement team for a fun game of Jeopardy.

**Date:** Wednesday, Feb. 17

**Time:** 1:30 – 3 p.m. MST

[Register here »](#)



### Social decision-making during COVID-19

There's a range of attitudes about what kind of social interaction is comfortable during this pandemic, with friends, extended family members, colleagues and new people you may meet.

Learn how to determine your personal comfort level when engaging with others during this pandemic, and how to use this to approach social interactions with others.

**Date:** Thursday, Feb. 18

**Time:** 3 – 4:30 p.m. MST

[Register here »](#)



markus-spiske-  
DnBtFBnqIRc-unsplash.jpg

### Understand the COVID-19 vaccine

Join this webinar by UCalgary professor Dr. Jim Kellner, who will provide a summary of what COVID-19 is, what vaccines are and how they work, as well

as how the COVID-19 vaccine and vaccination process will work.

**Date:** Friday, Feb. 19

**Time:** Noon – 1 p.m. MST

[Learn more and register »](#)

## Want more events?

Check out our [events calendar](#) for a complete list of events and workshops for international students.

[ucalgary.ca/iss](https://ucalgary.ca/iss)

This message was sent to because you are listed as subscribed to receive email communications from Student and Enrolment Services at the University of Calgary.

Don't want to receive this email? No problem. To unsubscribe from future messages like this, [click here](#).

University of Calgary  
2500 University Drive NW  
Calgary, AB T2N 1N4  
CANADA

© University of Calgary 2021  
[Privacy Policy](#)