



International Students Services (ISS)

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Dear Student,

Will winter 2022 be your first term in Calgary? If yes, sign up as a “mentee” through the GPS Mentorship program for the winter term. The program will match you with an upper-year student mentor who can help answer your questions and stay in touch via groups, one-on-ones, and shared events!

The deadline **to apply is Dec. 17!**

[Learn more and apply now to be a mentee »](#)

Stay well!

International Student Services

Important dates and information

- **Dec. 22:** Final exams end
- **Dec. 24:** End of term
- **Dec. 24 - Jan. 2:** University closed for the holidays

Holiday travel reminder

As many students look forward to the opportunity to travel home for the holidays, we remind all students that the COVID-19 pandemic continues to bring about rapid and unexpected changes in travel requirements and restrictions. Please note that it is

your responsibility to ensure you are aware of any recent and upcoming changes to travel requirements. Ensure you have a valid study permit and temporary resident visa (TRV) or electronic Travel Authority (eTA) for return to Canada.

Please frequently check:

- [COVID-19: Travel, testing and borders](#)
- [COVID-19 FAQs | University of Calgary \(ucalgary.ca\)](#)

Proof of full vaccination deadline: Jan. 1, 2022

To be eligible to take in-person courses in winter 2022, you must have declared yourself fully vaccinated and uploaded your proof of vaccination by **Jan. 1, 2022**.

[Learn more »](#)

Information and opportunities

Resources for exam preparation

Exam preparation workshops: Check out the Student Success Centre's resources to help you prepare for your final exams. Enter their contest for a chance to get outfitted with swag like UCalgary hats, mittens and academic planners. The contest runs until Dec. 17, 2021.

Study groups: Do you want to study with a group? Check out our ISS events calendar for a list of study groups happening each day.

Mindful meditation: Listen to the mindfulness podcast series to learn ways to reduce stress and anxiety and improve attention and creativity while preparing for exams.

Writing exams in the Red, Gold, Dance or Auxiliary Gyms: For exams in the gyms, you will receive a clear academic integrity bag to store items during the test. Items that can not fit in the bags will not be allowed in the gym except for coats. Afterwards, keep the bag to reuse in all your in-person exams.

Get bite-sized career experience that works for you

Are you looking for a way to gain Canadian experience and expand your network of Canadian contacts? Sign up for the Explore Careers Micro-Placement program, where you can build your skills and connect with potential employers through flexible work placements.

[Learn more »](#)

Events and workshops

ISS Unwind: colouring and puzzles



Drop by International Student Services in MSC-275 and make some new friends while you colour and solve some puzzles! During the session, we will be offering group trips to go and pick up your Unicard.

Date: Tuesday, Jan. 4, 2 - 4 p.m. MST



Explore Calgary: East Village

Join International Student Services and the Leadership and Student Engagement office to explore downtown Calgary! Participants will transit by CTrain to downtown to get treats from Sidewalk Citizen and warm up by the East Village firepits.

Date: Friday, Jan. 7, 1:15 - 4 p.m. MST

Do you want more events?

Check out our **ISS Events calendar** for a list of events and workshops for international students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

ucalgary.ca/iss

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