



## International Students Services (ISS)

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### Dear Student,

This is your International Student Services team. We're here to help you prepare for the beginning of the fall 2022 semester and support your transition into UCalgary life. You'll be receiving this newsletter from us each week, so stay tuned! We'll be sending out tips and helpful information to make it easier to navigate your upcoming fall term at UCalgary.

If you have any questions or need support, please feel free to email our team at [iss@ucalgary.ca](mailto:iss@ucalgary.ca).

Stay well!

International Student Services

### Important dates and Information

- **Aug. 26:** End of spring/summer term
- **Aug. 29:** Start of fall term | block week starts
- **Sept. 2:** Block week ends
- **Sept. 5:** Labour Day (university closed)
- **Sept. 6:** Fall term classes begin

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**Is your UCalgary email address your preferred email?**

To keep receiving this newsletter and important messaging from the university, make sure your UCalgary email is your preferred email account in Student Centre. To learn how to make that change, [read step 2 on this website](#).

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### **Off-campus work: 20 hours/week, effective Aug. 29**

The start of the fall 2022 term is Aug. 29, 2022. As a reminder, full-time students who have a study permit authorizing off-campus employment are limited to 20 hours a week of off-campus work during their regular academic term. The fall term is a regular academic term for degree programs. Block week is not a scheduled break in the academic calendar, and students are enrolled as full-time students during this period irrespective of course start dates.

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### **International Student Orientation**

ISS is hosting in-person international student orientation events on Aug. 30 and 31.

Meet UCalgary advisors and staff, and get to know the student supports that are available to you. We'll discuss Canadian immigration, travel restrictions, work regulations for employment, Canadian classroom culture, living in Calgary, wellness supports, and social activities for students.

[Learn more and register to attend](#).

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### **Permanent residence advising**

Have you already attended a permanent residence session? If so, permanent residence advising appointments are now available for Sept. 16. [Follow these instructions to register](#).

**Note: you must have attended a permanent residence session before booking a permanent residence appointment.**

Bookings made by students who haven't previously attended a permanent residence information session will be cancelled.

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### **The Welcome Centre is now open**

Are you new to Calgary? Visit the Welcome Centre in MSC 275 until Sept. 2. The Centre's operating hours are weekdays from 9 a.m. to 4 p.m. MST. Come get advice from current students to help you transition to living and studying in Calgary. Learn about campus supports, hear about things you must do in Calgary, and join daily social events to meet your peers. You can also grab a free welcome bag while supplies last!

[Learn about the Welcome Centre.](#)

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## Arranging a place to stay

Due to high demand, all on-campus UCalgary residence spaces are full for fall 2022. If you're on a waitlist for Residence, there's no guarantee that you'll receive a housing offer because the waitlist is moving slowly. For questions about Residence, please email Residence Services at [campusservicecentre@ucalgary.ca](mailto:campusservicecentre@ucalgary.ca).

If you don't have a confirmed place to live on campus, please refer to the following information and resources on finding off-campus accommodation:

- [ISS housing webpage](#)
- [Off-campus housing webpage](#)
- [ISS "Welcome Webinars"](#) titled: ***Finding off-campus accommodation*** and ***Choosing accommodation in Calgary***.

You must arrange for temporary accommodations before you arrive in Canada so you have a place to stay while you look for long-term housing (or before the Residence move-in date). Before signing a rental agreement, we strongly recommend you visit the accommodation in-person to meet the landlord and prospective roommates (if it's shared accommodation). Try to arrive 2–4 weeks before classes start to arrange your off-campus housing.

## Related articles

- [Many neighbourhoods in Calgary are great places to live while studying](#)
- [How to interview a potential roommate](#)
- [Your guide to living off-campus](#)
- [Protecting yourself from potential rental scams](#)

## Information and opportunities

### Wellness & Health Awareness Team (W.H.A.T) volunteer application

The Wellness & Health Awareness Team (W.H.A.T.) is currently seeking Peer Helpers for the fall 2022 semester. We can offer you a fun, flexible and meaningful opportunity to get involved on campus, and have an impact on the health and wellbeing of your peers. **Applications close Sept. 6 at 3 p.m.**

[Learn more and apply here.](#)

## Events and workshops

**Unwind with Leadership and Student Engagement**



Join Leadership and Student Engagement for a fun Unwind session and participate in various craft activities, puzzles, and board games! Materials will be provided. [Register to attend.](#)

**Location:** MSC 275 (ISS office)

**Date:** Thursday, Aug. 18

**Time:** 11 a.m.–2 p.m. MDT

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### **Plant and paint with the Office of Sustainability**

Want to get your hands in some soil and meet new friends? Attend a free, fun-filled afternoon of potting plants and painting pots hosted by the Office of Sustainability. You can take your new plant friend home to ‘spruce’ up your room, house or apartment. [Register to attend.](#)

**Location:** MSC 275 (ISS office)

**Date:** Monday, Aug. 22

**Time:** 1–3 p.m. MDT

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### **Games with Career Services**

Join Career Services for a fun afternoon of games. Get to know Career Services and how they can assist you throughout your studies while meeting your peers and testing your knowledge on career-related topics and themes. [Register to attend.](#)

**Location:** MSC 275 (ISS office)

**Date:** Tuesday, Aug. 23

**Time:** 1–4 p.m. MDT

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### **Coaster painting with International Student Services**

Join Career Services for an afternoon of coaster painting. Learn how Career Services can assist you during your studies while also getting crafty with your peers. [Register to attend.](#)

**Location:** MSC 275 (ISS office)

**Date:** Wednesday, Aug. 24

**Time:** 1–4 p.m. MDT

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### **DiversiTEA with the Faith and Spirituality Centre**

Join the Faith and Spirituality Centre in partnership with YYCampus Ministry to drink tea, eat snacks and talk about the university experience. You can drop-in anytime, and everyone is welcome to listen or participate as much as they're comfortable. [Register to attend.](#)

**Location:** MSC 275 (ISS office)

**Date:** Friday, Aug. 26

**Time:** Noon–1 p.m. MDT

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### **Planning Your Semester: Time Management Tips for Incoming Students**

In this online workshop you'll learn how to use big-picture planning, weekly scheduling, and daily programming to keep track of your commitments and maximize your time. [Register to attend.](#)

**Location:** online

**Date:** Thursday, Aug. 18

**Time:** 5–6 p.m. MDT

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### **Communicating with Confidence at Work**

As an international student, being able to communicate confidently will help you achieve your career goals in Canada. Learn how to demonstrate confidence when communicating and identify the behaviours you can improve on. [Register to attend.](#)

**Location:** online

**Date:** Thursday, Aug. 18

**Time:** 10–11 a.m. MDT

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### **Academic Success Strategies for First-Year Students**

Join Student Success Centre at this online session to learn how they can help you work towards your goals as a UCalgary student. Gain a deeper understanding of their services, and tips to help you get a successful start to your semester. [Register to attend.](#)

**Location:** online  
**Date:** Friday, Aug. 19  
**Time:** 9–10 a.m. MDT

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### **Academic Integrity: Strategies to Avoid Plagiarism**

An understanding of academic integrity is essential for all students. This online workshop gives students an opportunity to ask questions and participate in discussions related to academic integrity and plagiarism. [Register to attend.](#)

Date: Monday, Aug. 22  
Time: 10–11 a.m. MDT

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### **Neurodiversity meet-up: Unwind event**

Are you a first-year student who is interested in exploring what neurodiversity means?

Come join Student Success Centre this summer unwind event for a fun and relaxing opportunity to explore neurodiversity. No labels or diagnosis required. All neuro-types are welcome. [Register to attend.](#)

Location: MSC Room 450, in the NICE Lounge  
Date: Monday, Aug. 22  
Time: 10–11 a.m. MDT

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## **Do you want more events?**

Check out our [ISS events calendar](#) for a list of events and workshops for international students.

Are you interested in events hosted by other offices? Visit the following:

- **Career Services**
- **Faith and Spirituality Centre**
- **Leadership and Student Engagement**
- **Money Smart**
- **Student Success Centre**
- **Student Wellness**
- **Women's Resource Centre**

**ucalgary.ca/iss**

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