



Student and Enrolment Services

International Student Services (ISS)



Dear Student,

Only one more day until the Winter term officially ends! Our team would like to wish you the best of luck as you prepare for the end of the academic year.

We understand that exams can be stressful. If you need support or someone to talk to, please contact our [Student Wellness Services](#) team. You can also find mental health resources on UCalgary's [COVID-19 mental health](#) webpage.

Have a great week!

International Student Services



International students and the Canadian tax system

Join us as we host outreach officers from the [Canada Revenue Agency](#) (CRA) to present an introduction to the Canadian Tax System and the benefits and credits international students may be entitled to.

Date: Thursday, April 15

Time: 2 – 3:30 p.m. MDT

[Register »](#)

Important dates and information

- **April 15:** Winter term classes end; Last day to withdraw
 - **April 19 - 29:** Final exams
 - **April 30:** Winter term ends; Personal income taxes are due
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Work regulations for spring and summer terms

Undergraduate international students who were registered for full-time studies during the winter term and who will be registered full-time for fall 2021 are **eligible to work full-time** from May to August 2021, as spring and summer are considered scheduled breaks.

Most **graduate** international students do not have scheduled breaks for the spring and summer terms. They're registered as a full-time student all year long throughout their program, regardless if they take courses or not. As such, they are restricted to **only 20 hours a week off-campus** as a full-time student.

Confirm with your **program advisor** if your program has a scheduled break or review your **program description** in the academic calendar.

To determine when your term starts and ends, please refer to the **term start date** and the **term end date** in the academic calendar.

- **Undergraduate calendar**
- **Graduate calendar**

For more information on work regulations please review our ISS webpages on **working in Canada** and **post-graduation work permits**. For questions, please contact our immigration advisors at issimmigration@ucalgary.ca.

Resources and opportunities

International Student Stories

Did you miss our recent event, "**Employment Experiences as an International Student in Canada**" with guest speakers Liliana Gonzalez, Madelyn Lim, Tarun Arya and Jingfeng Wu? A recording is [available here](#).

Each month this term, we welcomed a student to share their experiences adapting to life at UCalgary and/or in Calgary and Canada through an interview.

Peer support

Need someone to talk to? The Women's Resource Centre provides [peer support appointments](#) via Zoom and Skype. Set up an appointment or drop by their Virtual Front Desk from Monday to Friday, 8:30 a.m. - 4:30 p.m.

For questions, contact women@ucalgary.ca.

Online events and workshops



UCalgaryStrong Festival

Throughout April, celebrate this past year by connecting with our campus community at the virtual [UCalgaryStrong Festival](#). Attend fun virtual events with your friends and peers, and be sure to enter the contest for a chance to win prizes from the UCalgary Bookstore and Jelly Modern Doughnuts!



Question, Persuade, Refer: Suicide Intervention Training

Learn how to support others who are struggling and/or in distress. Join Student Wellness Services for this training, which will guide you on safely and compassionately responding to someone who may be struggling with suicidal thoughts.

Date: Wednesday, April 14

Time: 1 – 3 p.m. MDT

[Register »](#)



Simple Supper

Interested in an opportunity to dine (virtually) together? The Faith and Spirituality Centre invites people of all backgrounds, denominations, religious orientations and affiliations to come together and connect over conversation.

Date: Wednesday, April 14 (weekly until May 26)

Time: 6 – 7:15 p.m. MDT

[Register »](#)

Games Night with ISS

Want to relax, play some games, and meet other students? Join us as we play virtual games like



JackBox, Among Us, and more. These events are the perfect chance for you to take a quick study break or have some fun after your exams.

- **April 20**, 6 – 7:30 p.m. MDT: [Register »](#)
- **April 24**, 6 – 7:30 p.m. MDT: [Register »](#)
- **April 27**, 6 – 7:30 p.m. MDT: [Register »](#)
- **April 30**, 6 – 7:30 p.m. MDT: [Register »](#)



Virtual Café: Being Black and Loving it

Join the Anti-Black Racism Task Force for an opportunity to express your confidence in your beauty. Come share your creative hairstyles, jewelry, national clothing, and more.

Date: Wednesday, April 21

Time: 6 – 8 p.m. MDT

[Register »](#)



U.S. Visa Information Session

Join us as we host a representative from the [U.S. Consulate General Calgary](#) to present information on B1/B2 visas and a brief overview on J1 visas.

Date: Tuesday, April 27

Time: 9 – 11 a.m. MDT

[Register »](#)

Want more events?

Check out our [events calendar](#) for a complete list of events and workshops for international students.

Participate in research

Want to be a part of some of the groundbreaking research at UCalgary? Check our [Get Involved](#) page to see what's available for international students.

- **Masculinity and Pro-Feminism in Young Adult Men** | Participants will receive \$200

- **Help Us Better Understand The Challenges Faced By Autistic University Students** | Participants will receive a \$10 Visa gift card
- **Language Brokering Initiative** | Eligible participants will receive a \$30 gift card

Are you a study coordinator in need of research study participants? Submit a [research participant request](#).

ucalgary.ca/iss

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