

Student and Enrolment Services



Dear Student.

We hope you've been well during the last couple of weeks away from campus. We've been working hard to offer new or alternative ways to connect with us, your peers and the campus community **remotely**, so read on to see what's available!

Friendly reminders:

- The ISS student lounge is closed and all in-person events are cancelled
- If you require support or advising from
 ISS, email international.advice@ucalgary.ca using your UCalgary email
 account. Our team will respond as soon as possible, or set up an appointment
 with you over Zoom during advising hours (9 a.m. to noon and 1 to 4 p.m. MST)
- Visit our COVID-19 FAQ page for international students for any updates and information pertaining to international students. This includes travel, permits, health insurance and access to online resources
- Follow us on Instagram and Facebook for updates and positive news

Stay well!

International Student Services

COVID-19 (Coronavirus) latest updates:

Find all the latest UCalgary COVID-19 updates for students on the UCalgary COVID-19 website. There are also online resources and webinars on UCalgary's community support page.

You can also find helpful information about COVID-19 and the situation in Alberta on the Alberta Health Services (AHS) website.

Important dates and reminders

- April 10: Easter Friday (university closed; ISS and other student services will not be available)
- April 13: Easter Monday (university closed; ISS and other student services will not be available)
- April 15: Winter term classes end; last day to withdraw from courses

Taxes

Please note that the Canada Revenue Agency (CRA) has extended the deadline for filing personal taxes to June 1, 2020. Learn more about taxes on the ISS website here.

Protect yourself from scams

This period of uncertainty can be stressful for many, especially those who are looking for work. Don't get fooled by phishing attempts or fraudulent job postings. Career Services has an online resource and video that can help you identify a job scam and protect yourself in the job search.

Online resources and events

Online Student and Enrolment Services support

Even though you are at home, you can still access academic or cultural support, advising and other services from UCalgary. Please visit this page for the full list of resources.

Health, wellness and safety

We understand that this can be a very stressful time for students. You can find mental health resources at UCalgary's COVID-19 mental health page. If you are concerned about coping with isolation, stress, or health advice, please call 811 for Healthlink or connect with Student Wellness Services. Please note that demand is high, so wait times are expected.

Practicing social distancing or isolation can also be risky for people living in abusive situations. If you are in need of support, please reach out to a sexual violence and support advocate at svsa@ucalqary.ca.

211 is a service that helps residents of Alberta find services and programs within their community. There is also a growing list of resources available for the current COVID-19 situation in Calgary.

To reach this service, you can call or text 211 (text message rates may apply), or visit their website for more information or live chat.

Events

Looking for ways to stay connected while social distancing? Check out these online events from our colleagues around campus:



ISS game night

Join our program assistants in a virtual game session on the Houseparty App and trivia through Zoom! This is a great opportunity for any UCalgary students to try something new, meet new people, and take a break from studies — all from the comfort of your home.

Date: April 2 **Time:** 3 – 5 p.m.

Join URL: https://zoom.us/j/294001795



Permanent Residence (PR) information session

Date: April 15 **Time:** 9 – 11 a.m.

Location: Zoom (Register for the session here.)

This session is only available to current UCalgary degree-seeking students and recent graduates. This session is not open to exchange students, visiting students, English language students (ESL and IFP Non-Degree) or foreign workers on campus.

Students who have **already attended a PR information session** may book an individual appointment using the guidelines found here.

Faith and Spirituality Centre (FSC) events

Wisdom Wednesday with Simon Bondoc

April 1, noon – 1 p.m.

Join URL: https://ucalgary.zoom.us/j/151244005



For more faith-based events, visit the FSC website.



Webinar: Leadership in challenging times

Explore how we can encourage and embody leadership, both for ourselves and within our communities, during challenging situations like the one we're presently working through.

Date: April 2 **Time:** 1 – 2 p.m.

Location: Online through Zoom. Register for the

webinar here.



Unwind: Trivia zone

Show off your knowledge on Kahoot in a variety of topics unrelated to school. We've got Disney, Harry Potter, animal trivia and more. Everybody is welcome and free to drop in at any time.

Date: April 3 **Time:** 1 – 3 p.m.

Join URL: https://ucalgary.zoom.us/j/8842948380



Career Services drop-in advising for international students

Date: Every Tuesday **Time:** 1:30 – 3:30 p.m.

Join URL: https://ucalgary.zoom.us/j/623642211

Worried about the job search during a pandemic? Review this PDF for helpful advice on how you can continue your job search during this uncertain time.



Work with ISS — paid student positions available!

Are you interested in supporting UCalgary international students? ISS is recruiting program assistants for the upcoming summer 2020 and fall 2020 terms! For more information about each of the positions, click here.

The deadline to apply has been extended to **April 17**. If you are out of the country in April and not able to attend an in-person interview, that's okay — we encourage you to still submit an application as we will be offering online interviews.

If you have any questions about these positions or want more information on how you can get involved in ISS, please email international.advice@ucalgary.ca.



International student mentorship program

ISS needs your help in introducing new international students to life at UCalgary this fall 2020 term. As a mentor, you can share your knowledge and experience while making new friends and gaining new perspectives.

Click here to apply as a volunteer international student mentor by **May 31**. Learn more about the program here.

ucalgary.ca

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