

Daily Itinerary for 2024 Environmental and Urban Sustainability in Southeast Asia: Geography and Urban Studies Group Study Program

Please type directly into the spaces on this table and
insert or delete lines as required to complete your itinerary.

Pre departure activities

GEOG 390: International Field Studies - Predeparture course components		
Date	Time	Activity
01 May	09:00 – 12:00	Module 01: Course introduction Module 02: Purpose of fieldwork
	13:00 – 16:00	Module 03: Elements of a field notebook Module 04: Making meaningful field notebook entries
02 May	09:00 – 12:00	Module 05: Assignment #1: Virtual field trip
	13:00 – 16:00	Module 06: Using the software required for data collection Module 07: Mini assignments & software, apps and hardware for data collection
03 May	09:00 – 13:00	Module 08: Assignment #2: Data collection
	14:00 – 16:00	Module 09: Assignment #2: Mini Assignment and project data compilation
04 May	09:00 – 12:00	Module 10: Field preparation – personal considerations Module 11: Field preparation – traveling as a group
	13:00 – 16:00	Module 12: Sustainability – video and discussion
05 May	09:00 – 12:00	Module 14: Assignment #3: Introduction and preparation
	13:00 – 18:00	Predeparture tests

In field activities

Day	Date	Location	Logistical comments and connection to academic content	Minimum number of instructional hours
0	May 06	Singapore	Flight Calgary-Vancouver-Singapore	
1	May 07	Singapore	Logistic: Arrival in Singapore. Academic: Orientation lecture on Singapore, the economic powerhouse city state of Southeast Asia.	3 hours UBST 494 and 495 and 1 hours for GEOG 436
2	May 08	Singapore	Logistic: Academic: Lectures on the economic Geography of Singapore and Southeast Asia. Visit to the Singapore urban planning exhibition.	6 hours UBST 494 and 495 and 1 hour for GEOG 436
3	May 09	Singapore	Logistic: Academic: Explorations of the urban morphology of Singapore. Lectures on the urban redevelopment policies of the	6 hours UBST 494 and 495 and 1 hours for GEOG 436

			Singapore government, displacement of the urban poor	
4	May 10	Singapore	Logistic: Academic: Explorations of Singapore's Urban Cloud Forest and Gardens by the Bay. Indoor enclosure, temperature controlled environment conveying the world's tropical vegetation and other biomes located at the equator.	6 hours UBST 494 and 495 and 1 hours for GEOG 436
5	May 11	Singapore	Logistic: Academic: Explorations of the harbour, port facilities and reclamations projects in Singapore.	6 hours UBST 494 and 495 and 1 hour for GEOG 436
6	May 12	Singapore	Logistic: Academic: Further Explorations of Singapore. Time to finish assignments.	6 hours UBST 494 and 495 and 2 hours for GEOG 436
7	May 13	Khao Lak	Logistic: Flight Singapore to Phuket Thailand 1.5 hours. Transfer to Khao Lak, 1.5 hour by bus. Academic: Khao Lak, beautiful tourist destination situated within pocket beaches along a long coast plain. Adjacent to a national park where tropical rainforest still exists. Khao Lak and nearby coastal villages and resorts was the region in Thailand most heavily impacted by the 2004 Andaman Indian Ocean Tsunami. Aaron Williams did his PhD. dissertation on the 2004 tsunami impact and long term aid outcomes and recovery of this region	3 hours UBST 494 and 495 and 1 hours for GEOG 436
8	May 14	Khao Lak	Logistic: Small Van transport 15 minutes between stops Academic: Day hike through Khao Lak National Park. Lecture on the tsunami mechanism, immediate impacts, and long-term recovery. Further discussion on the current and historical pressures and impacts on National Parks and coastal areas by resource industries (mining) monoculture (rubber and palm oil) and tourism development.	7 hours UBST 494 and 495 and 2 hours for GEOG 436
9	May 15	Khao Lak	Logistic: Small Van transport 15 minutes between stops Academic: Day-trip to Ban Nam Khem, a fishing village devastated by the 2004 Tsunami. Visit tsunami memorial,	5 hours UBST 494 and 495 and 1 hour for GEOG 436

			resettlement villages, local recovery cooperative organization and other locations impacted by the 2004 Tsunami.	
10	May 16	Khao Lak	Logistic: Small Van transport 15 minutes between stops Academic: Further explorations of Khao Lak and surrounding regions.	6 hours UBST 494 and 495 and 1 hours for GEOG 436
11	May 17	Kho Ngai	Logistic: Bus Transfer, 4 hours. Travel by boat 20 minutes Academic: Transfer to Kho Ngai, part of the beautiful karstic Island chain south of Kho Phi Phi. Lectures on karstic topography, coral reef ecosystems and marine parks.	3 hours UBST 494 and 495 and 1 hour for GEOG 436
12	May 18	Kho Ngai	Logistic: Travel by boat 10 minutes between Island snorkeling sites and stops Academic: Day trip to Kho Kredan and the Emerald Cave. Opportunities for snorkeling in numerous locations. Lectures on the biogeography of Thailand and endangered species including Hornbills endemic to these southern islands.	1 hours UBST 494 and 495 and 5 hours for GEOG 436
13	May 19	Kho Ngai	Logistic: Daytrip, large boat Academic: Explorations of Kho Ngai. Hike traversing the island. Further opportunities to snorkel the west shore of the Island	2 hours UBST 494 and 495 and 6 hours for GEOG 436
14	May 20	Kho Ngai	Logistic: Large boat transfer 0.5 hours Academic: Day trip to Kho Rock, one of the outer islands. Opportunities to snorkel and explore this protected National Park Island. Lectures on protected areas and conservation.	2 hours UBST 494 and 495 and 6 hours for GEOG 436
15	May 21	Krabi AoNang	Logistic: Boat transfer 10 minutes, Bus two hours to Ao Nang Academic: Transfer to Krabi Ao Nang. Lectures on tourism development and the tourism influx from China.	4 hours UBST 494 and UBST 495 and 1 hour for GEOG 436)
16	May 22	Bangkok	Logistic: flight Krabi-Bangkok 1.5 hours Academic: Arrival in Bangkok. Orientation lectures on the urban and historical geography of Bangkok: A focus on issues of rapid urbanization in Southeast Asia since WWII. In 1945, Bangkok's population was less than 1 million people. Today the population of Bangkok	6 hours UBST 494 and 495 and 2 GEOG 436

			proper is close to 9 million, and greater Bangkok is around 13 million.	
17	May 23	Bangkok	<p>Logistic: River boat tour, walking tour</p> <p>Academic: A focus on the historical and current urban development of Bangkok. Visit old Bangkok on the Chao Phraya River. Observations of the historic teak wood housing (protected and vulnerable) still present in these districts. Walk through the famous Kho San Road, the center of backpacker tourism in Southeast Asia. Lectures on the forms of tourism in Thailand and Southeast Asia and issues of economic, cultural, environmental, and social sustainability of tourism in Thailand. Afternoon visit to Watt Phra Kaeo and the Grand Palace. Student Presentations.</p>	6 hours UBST 494 and 495 and 2 GEOG 436
18	May 24	Bangkok	<p>Logistic:</p> <p>Academic: Canal Tour starting on the Chao Phraya River taking a route through local areas providing a transect of development along the river. Further explorations of Bangkok. Further explorations of Bangkok to complete student assignments.</p>	6 hours UBST 494 and 495 and 2 GEOG 436
19	May 25	Bangkok	<p>Logistic: Bus trip to central Bangkok</p> <p>Academic: Morning visit to central Bangkok. A discussion of the red shirt protests of 2010 which shut down Central Bangkok for almost one year as well as the political implications and aftermath.</p>	7 hours UBST 494 and 495 and 2 GEOG 436
20	May 26	Bangkok	<p>Logistic: Guided Walking tour</p> <p>Academic: Study tour of the urban high-rise slums of Central Bangkok. Built rapidly in the 1960's and 70's due to rapid urbanization during this time. Much of Bangkok's population are unable to move away from these deteriorating structures due to poverty and lack of upward mobility relating education, ethnicity, and other social and cultural factors.</p>	6 hours UBST 494 and 495 and 2 GEOG 436
21	May 27	Chiang Mai.	<p>Logistic: Transfer from Bangkok to Chiang Mai.</p> <p>Academic: Late morning arrival in Chiang Mai. Chiang Mai, 800 year old city,</p>	6 hours UBST 494 and 495 and 2 GEOG 436

			second city of Thailand. Afternoon visit to Wat Phrathat Doi Suthep. Wat Phrathat, situated on Dio Suthep at 1000 meters over looking Chiang Mai is an impressive and important Buddhist temple that dates back to the 13 th century. Visit to Mong village. Introduction to Hill Tribe cultures and trekking tourism. Student Presentations. Aaron Williams instructed a semester long term abroad for the University of Calgary in Chiang Mai in the fall semester of 2007	
22	May 28	Chiang Mai.	Logistic: Walking tour of city Academic: Guided study tour of Chiang Mai's old city including a visiting some of Chiang Mai's 30 + Buddhist temples. A focus on forms of tourism within Chiang Mai and the rapid expansion of the industry in the region. Student Presentations. Chance to visit local markets. A focus on the historical and current urban geography of Chiang Mai.	<i>6 hours UBST 494 and 495 and 2 GEOG 436</i>
23	May 29	Chiang Kong	Logistic: 5 hour bus trip to Chiang Kong Academic: Transfer from Chiang Mai to Chiang Kong, accommodation will be on the banks of the River Mekong. Two separate building approx. 80 metres apart, one has views of the river, the other doesn't.	<i>5 hours UBST 494 and 495 and 2 hours GEOG 436</i>
24	May 30	Pak Beng	Logistic: Travel by Boat on Mekong river. Private safe boat. This field study program has done this trip 3 times in the past Academic: Early morning transfer from Huay Xai, Laos border. Board our solid river boat for the trip down the Mekong River. Arrive in the evening in Pakbeng.	<i>7 hours UBST 494 and 495 and 7 hours GEOG 436 (175)</i>
25	May 31	Luang Prabang	Logistic: Travel by Boat on Mekong river. Private safe boat Academic: Continue by boat to Luang Prabang. stop at Pak Ou cave, Pak Ou Caves contain thousands of Buddha images placed there by pilgrims over hundreds of years. Stop at the village of Ban Sang Hai. Arrive in Luang Prabang in the early evening.	<i>7 hours UBST 494 and 495 7 hours GEOG 436</i>

26	June 01	Luang Prabang	<p>Logistic: Walking tour of city</p> <p>Academic: Luang Prabang, UNESCO World Heritage site and former royal capital and seat of government of the Kingdom of Lao up until the communist takeover in 1975. Lectures on the spread of Buddhism through Southeast Asia and the role of Buddhism in Lao culture. Visit the cities numerous temples and historical sites. Lecture on the political and historical and political geography of Lao including its turbulent past during and after the Vietnam war. Lecture on Lao's numerous ethnic groups and the movement of populations through SE Asia. Field assignments on the current and historical urban form of the city and the role of the Mekong in the movement and goods, population, and trade, both currently and historically.</p>	6 hours UBST 494 and 495 and 1 hour GEOG 436
27	June 02	Luang Prabang	<p>Logistic: Bus to Kuang Si Falls 0.5 hours.</p> <p>Academic: Daytrip to Kuang Si Falls, beautiful waterfall surrounding karstic pinacols. Visit to animal rescue facility.</p>	4 hours UBST 494 and 495 and 4 hours GEOG 436 (55)
28	June 03	Siem Reap	<p>Logistic: Morning flight to Siem Reap</p> <p>Academic: Siem Reap, a boom town developed/developing due to attraction of architecturally magnificent Angkor Temples -- built from 9th to 13th centuries at the height of the Khmer Civilization.</p>	2 hours UBST 494, UBST 494 and 1 hour GEOG 436
29	June 04	Siem Reap	<p>Logistic: Visit to archaeological site of Angkor</p> <p>Academic: Study tour of the temples of Angkor, including Ta Prohm Bayon Temple, . A focus on the historical shatterbelt that existed in the region and the physical geography of religion. Student presentations. Lecture on the Khmer Rouge, the impact of mass tourism, and outside economic influences on Siem Reap</p>	6 hours UBST 494 and 495 and 3 hour GEOG 436
30	June 05	Siem Reap	<p>Logistic: 0.5 hour bus ride and boat to floating village</p> <p>Academic: Visit floating village on Tongle Sap. Lecture on monsoons and the seasonal expansion of Tongle Sap through the reverse flow of the Mekong</p>	5 hours UBST 494 and 495 and 4 GEOG 436

			as well as the importance of the lake for agriculture and fishing. Time to catch up on assignments and field notes.	
31	June 06	Hanoi	Logistic: Flight: Siem Reap-Hanoi Academic: Afternoon arrival in Hanoi Introductory lectures on urban and historical geography. Guided study tour focusing on the urban and agricultural geography of the Red River Delta urban and agricultural region.	<i>5 hours UBST 494 and 495 and 4 hours GEOG 436 (195)</i>
32	June 07	Hanoi	Logistic: Walking tour through the old town Academic: Small group field studies. Student presentations. A focus on Hanoi's Special economic zones (SEZs).	<i>5 hours UBST 494 and 495 and 1 hour GEOG 436</i>
33	June 08	Hanoi	Logistic: Walking tour through the old town Academic: Further Explorations of Hanoi	<i>5 hours UBST 494, UBST 494 and 1 hour GEOG 436 Total:</i>
34	June 09	Hanoi – Overnight train to Hué	Logistic: Overnight train Hanoi »» Hué Academic: Small group assignment: Old Quarter, Hanoi Lecture: French Indo-China and the American War.	<i>6 hours UBST 494, UBST 494 and 1 hour GEOG 436</i>
35	June 10	Hué	Logistic: Cycling and walking tour Academic: UNESCO World Heritage Site and former political capital of the Nguyen Dynasty of 13 emperors from 1802 to 1945; cultural, religious, and educational center of Vietnam. Morning bicycle tour, of Hue, the market, Buddhist temples and surrounding countryside.	<i>6 hours UBST 494, UBST 494 and 4 hours GEOG 436</i>
36	June 11	Hué	Logistic: walking tour Academic: Visit Imperial Palace and religious sites. Lecture on the 1968 Tet offensive, largely seen as the turning point of the Vietnam or American war in Vietnam	<i>6 hours UBST 494, UBST 494 and 2 hour GEOG 436</i>
37	June 12	Hoi Ann.	Logistic: Academic: Lectures, globalization and sustainable tourism. Danang and Hoi An city - two cities just south of Hue on the way to Ho Chi Minh City at the geographic centre of the country. Da Nang is emerging as a new urban hub in Vietnam attracting foreign investment. A major international port in the 16 th and 17 th century. A UNESCO cultural world	<i>3 hours UBST 494, UBST 494 and 2 hours GEOG 436</i>

			heritage site, Hoi Ann is a vibrant, lively and well-preserved town along the Thu Bon River. Small group studies.	
38	June 13	Hoi Ann.	Logistic: Academic: Further explorations of Hoi Ann. Opportunities to visit ancient Buddhist temples or bike out into the countryside to observe local agricultural communities and practices.	<i>5 hours UBST 494, UBST 494 and 3 hours GEOG 436</i>
39	June 14	Hoi Ann	Logistic: Academic: Time to finish off assignments and field notes. Study for final exam	<i>3 hours UBST 494, UBST 494 and 1 hour GEOG 436</i>
40	June 15	Hoi Ann.	Logistic: Academic: Final exams. Farewell get together	<i>5 hours UBST 494 and 495 and 2 hours GEOG 436 (201 hours UBST 494 and 495 and 97 hours Geog 436)</i>
	June 16		Flight home	