



The University of Calgary, located in the heart of Southern Alberta, both acknowledges and pays tribute to the traditional territories of the peoples of Treaty 7, which include the Blackfoot Confederacy (comprised of the Siksika, the Piikani, and the Kainai First Nations), the Tsuut'ina First Nation, and the Stoney Nakoda (including Chiniki, Bearspaw, and Goodstoney First Nations). The City of Calgary is also home to the Métis Nation of Alberta (Districts 5 and 6).

Learn about our Indigenous Strategy, *ii' taa'poh'to'p*, at: ucalgary.ca/indigenous



CLICK HERE

Learn why we do territorial acknowledgements.

Hear from Piikani Elder Dr. Reg Crowshoe, Hon. LLD'01, Cultural Advisor at UCalgary

We know when it comes to exploring university, there is a lot to think about.

## We're here to help!

Choosing a university will be a significant step in your life and we're here to ensure you have an extraordinary educational experience that sets you up for lifelong success. At UCalgary, our students go beyond traditional learning; they actively engage in cross-disciplinary collaboration, explore innovative approaches to problem-solving and cultivate lasting experiences that shape their lives.

University 101 is designed to help you understand the breadth of opportunities at UCalgary and better support your transition to post-secondary.

## Start something.

You can start something extraordinary at UCalgary.

At UCalgary, students receive a highquality education enriched by research and experiential learning, allowing them to explore, take risks, and make a difference in their communities and beyond.

#### **Embrace campus life to the fullest**

You can get the complete campus experience with endless ways to get involved and enhance your educational journey. With diverse clubs, events, and immersive learning, we foster collaboration and lasting relationships, empowering students to make a difference. No matter your interests, you can find a community where you can thrive.

You can look forward to many new experiences and adventures. See for yourself!

Get Involved at the University of Calgary



#### **Engage in world-changing** research

As one of Canada's top research universities, we provide extensive opportunities for students to engage in transformative research, from exploring the mysteries of the quantum world to addressing real-world challenges.

Interested in starting a research project, but don't know where to start? Check out UCalgary's Ready to Research digital badge, which enhances your degree by guiding you through starting and managing university-level research projects.

Discover the many ways you can get involved

Undergraduate Research at the University of Calgary

**CLICK HERE** 



#### **Unlock career opportunities**

Be empowered to kick-start your career with co-op, practicum, and internship programs. These experiences, which may be optional or required depending on your major, usually begin after your first year and are key for making important connections for your future.

Learn how experiential learning provides knowledge that sets UCalgary students apart.

CLICK HERE

► Work-Integrated Learning at the University of Calgary



#### Diverse perspectives, endless possibilities

UCalgary, a global intellectual hub, embraces diverse perspectives from 141 countries. Our graduates gain strong cross-cultural competencies, empowering them in the global marketplace. Our vibrant community celebrates boundless opportunities, fostering innovation and inspiring positive change worldwide.

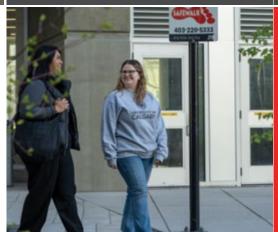
We are committed to inclusivity, actively removing barriers for equity deserving groups, including women, Indigenous peoples, visible/racialized minorities, persons with disabilities, and LGBTQ2S+ students.

Learn about equity, diversity and inclusion at UCalgary: ucalgary.ca/equity-diversity-inclusion



We're proud to have a welcoming and safe campus. We take a proactive approach to safety, ensuring our campuses are patrolled 24 hours a day and monitored by more than 2.000 CCTV cameras.

Our university offers help phones and intercoms in most buildings, parking lots, and elevators; a check-in system called SoloSafe; and a Safewalk program for which volunteers will walk anyone to their destination 24/7.



#### **Embark on educational** adventures

Following your first year of study, you can choose a global learning option. With 200+ partners and programs across 45 countries, our Global Learning program enables students to explore new places, ideas, and cultures through study.

Learn more at ucalgary.ca/international/ study-abroad



**YOUR CITY YOUR CAMPUS** 

## Calgary is a city of opportunity. There's no better place to pursue a

# post-secondary education.

## Innovation, creativity and an unwavering entrepreneurial spirit strengthen our campus culture.







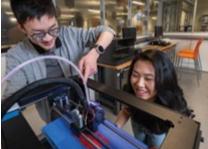


















Downtown Calgary is easily reached from the university using public transit. Students get unlimited use of public transit with their UPass.

Most livable city in North America and top 5 in the world



Most volunteers per capita in Canada



Canada's sunniest major city



3<sup>rd</sup> most diverse major city in Canada



One of the safest cities in Canada



Highest average personal income in Canada and no provincial sales tax



## **UCalgary has resources and teams** dedicated to your success

#### **Aspire**

The Aspire program connects you with a community of high-achieving peers across all disciplines. You can attend specialized workshops, get academic tips and support, and more. You can join this program at any stage of your degree.

ucalgary.ca/student-services/student-success/learning/aspire

#### **Ancillary Services**

The Ancillary Services team supports multiple areas on campus including parking and transportation, the Bookstore, the UPass and Residence Services. Explore options for semester or annual parking permits, e-scooter rentals, and much more.

ucalgary.ca/ancillary

#### **Centre for Career and Personal Development (CCPD)**

The CCPD empowers you to take initiative in your personal and professional growth. A fusion of Career Services and Leadership and Student Engagement offices, the CCPD provides resources and opportunities for you to explore your career paths, develop leadership skills, and engage with the community in meaningful ways.

ucalgary.ca/ccpd

#### Faith and Spirituality Centre (FSC)

The FSC seeks to cultivate a pluralistic community by encouraging cultural and religious literacy, community building, and social change.

ucalgary.ca/student-services/faith-spirituality

#### International Student Services (ISS)

ISS provides support and advising services for international students, including having regulated immigration advisors to support students with the study permit process. It also runs many peer-driven programs to connect international students with their peers and the campus community.

ucalgary.ca/iss

#### **Neurodiversity Support Office (NSO)**

Neurodiversity is the neurological differences among people. It is normal for human brains to intake, process, and express information in different ways. Neurodiversity is a strength and contributes to our experiences in the world. The NSO can assist any selfidentifying or questioning neurodivergent student (no diagnosis needed) in navigating university life on or off campus.

ucalgary.ca/wellness-services/services/neurodiversity-support

#### **Student Accessibility Services (SAS)**

SAS works to create an inclusive and accessible learning environment at UCalgary. It offers comprehensive support for students with disabilities. providing accommodations, resources, and mentorship to foster their success and resilience throughout their academic journey.

ucalgary.ca/access

#### **Student Success Centre (SSC)**

The SSC's team of advisors, academic development staff, and writing support staff strive to promote academic success. You can access one-on-one advising services, as well as workshops, success seminars, academic support programs and more. ucalgary.ca/success

#### **Student Wellness Services (SWS)**

You can enjoy comprehensive on-campus health and wellness services, including medical, chiropractic, massage, counselling, and wellness programs with no extra fees or session limits. Support includes group or individual counselling, skill-building seminars, online resources and peer support.

ucalgary.ca/wellness-services

#### **UCalgary Dinos**

Are you interested in playing for the Dinos? Directly contact the head coach of the sport you're interested in playing. godinos.com

#### **Women's Resource Centre (WRC)**

In addition to support, resources and advocacy for gender issues, the WRC enables students of all identities to connect and foster equality on campus. ucalgary.ca/women

#### Writing Symbols Lodge (WSL)

This welcoming space supports UCalgary's Indigenous community. Students can access a computer lab, study space, and a range of cultural programming, including monthly ceremonies, social activities and advising. ucalgary.ca/writing-symbols

CLICK HERE

Learn more about the many services and supports available for you at UCalgary.

## Residence is where you can live, learn and grow alongside your peers, while creating strong and lasting friendships.

From shared dorm-style rooms in first year, to full apartments in upper years or grad school, to family housing, there are options available for all students.



- Residence events, activities and themed dinners
- Employment and leadership opportunities
- Fully-furnished units (including internet, utilities and more)
- Wellness and academic support
- Dedicated academic communities
- Short walk to classes, library, labs and activities
- Safewalk available 24/7

#### A home away from home

Living in residence provides an unmatched opportunity for you to build a diverse and supportive friend network, creating connections that greatly enhance your university experience. Each building has a dedicated residence life coordinator to support student needs, from homesickness to health and academics. Everything you need is conveniently accessible on campus, from classes to academic and wellness services, with shopping and groceries nearby.

Learn more at: ucalgary.ca/ancillary/residence/ live-with-us

#### **Meal plans**

The University of Calgary has unlimited All You Care to Eat meal plans that ensure students have the best value, convenience, nutrition and flexibility.

All You Care to Eat meal plans are also available for those not living in residence, along with swipe plans and door rates that will vary based on the time of day.

Learn more at: ucalgary.ca/ancillary/unicard/ use-card/meal-plan

**CLICK HERE** 



Discover why living in residence may be for the right choice for you.

## As you prepare to apply for university, here are some common terms you may encounter:

#### **Credentials**

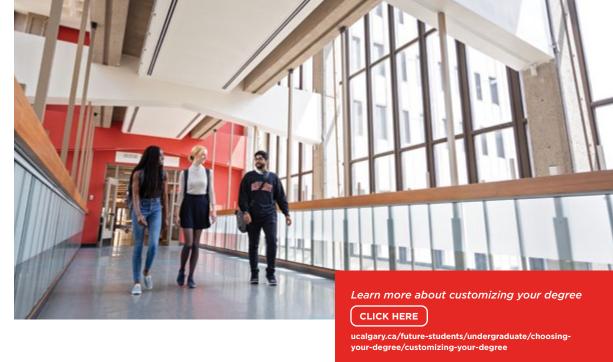
Bachelor's degree: An undergraduate degree that typically takes four to five years to complete. Many bachelor's degrees are direct-entry; however, some degrees require prior university study (e.g., Social Work, Law and Medicine). A student who is pursuing a bachelor's degree is called an undergraduate student.

Honours bachelor's degree: An honours degree is a further specialization of a bachelor's degree requiring high academic standing and, typically, a thesis project. A thesis project is an original research idea that is presented at the end of the undergraduate degree. Some programs at UCalgary, like the Bachelor of Health Sciences, are only offered as an honours degree.

Combined degree: A combined degree is when a student registers in two different bachelor's degrees (including honours degrees) at the same time and graduates from both degrees concurrently. It typically requires a minimum of five years of study. UCalgary has many combined degrees to choose from, including a combined degree in engineering and business.

Professional undergraduate degree: A professional undergraduate degree is one that leads to a professional doctorate (e.g., Doctor of Medicine, Juris Doctor and Doctor of Veterinary Medicine). These programs typically require students to present an initial bachelor's degree before they can apply.





#### Other common terms

**Major:** A major is the main area of focus throughout a bachelor's degree. Students typically take one-third of their courses in this specialization.

**Double major:** When a student registers in an undergraduate degree with two different majors. This typically means an additional 14-16 courses in another major that is different than the first major, but part of the same faculty. For example, a student may pursue a double degree in both Political Science and Spanish, which are both offered in the Faculty of Arts.

**Minor:** A minor is an optional secondary area of focus that can be added to a degree in an upper year. It requires fewer courses than a major.

**Embedded certificate:** Embedded certificates are completed as part of a bachelor's degree, at no extra cost, and are designed to focus on a thematic area and be available to students across faculties. Examples include embedded certificates in Sustainability Studies or Entrepreneurial Thinking.

UCalgary badges: UCalgary badges are a form of micro-credential recognizing a variety of learning experiences that when completed are granted a digital badge that can be added to your resume or on LinkedIn. An example is our Ready for Research Badge that supports students in learning how to begin a university-level research project.

Learn more at: badges.ucalgary.ca

#### Equitable and Inclusive Admission Process:

The Equitable and Inclusive Admission Process acknowledges that students have diverse identities, backgrounds and experiences that have shaped opportunity structures. It intentionally pursues inclusive excellence in our admissions practice.

This admissions process will consider factors that may have impacted a student's access, opportunity, and ability to succeed. We encourage and welcome applications from students from communities that experience social barriers, marginalization and systematic discrimination. We also commit to review applicants in an equitable and inclusive manner, where all students feel valued, respected, and supported.

Learn more at: ucalgary.ca/future-students/ undergraduate/equitable-inclusive

#### Academic Communication Certificate (ACC):

The ACC is the UCalgary English pathway program, designed for English learners who want to improve their English skills to enter a university degree. Students registered in the ACC may be eligible for conditional admission to a degree program. The ACC will take from 4 to 11 months to complete and is eligible for 6 units of transfer credit.

Connect with our dedicated recruiter to learn more at acc.recruiter@ucalgary.ca

**First Year Degree Guide:** This online planning tool allows students to see the recommended course list that students would take in their first year of study.

Learn more at: ucalgary.ca/student-services/degree-guide

## A timeline to applying at UCalgary

## To assist you with the application process, here are some helpful tips:

#### **August-October**

This is an important period to explore different programs and options.

• Attend a campus tour, Open House, and a Faculty Information Night.

Learn more at: ucalgary.ca/futurestudents/undergraduate/tours-andevents

#### November

This is a critical time to submit your online application for admission and apply for our awards.

- Apply to UCalgary
- Apply for our high school entrance awards
- Apply for our prestige awards

The first round of admission offers will be issued mid-November.

#### March-May

This period is important as students begin to accept their offers of admission and explore course registration resources. This is also when UCalgary makes award decisions. We encourage you to apply for residence before May 1.

• 95% of high school offers will be issued by May

As the new school year approaches, you can apply for loans, RRSPs and begin making a plan to fund your education.



- You can apply to two programs with one application and a single fee (\$125 for students with Canadian credentials and \$145 for students with international credentials) and change your program choices until March 1.
- You should select the program that you're most interested in as your first choice. If you receive an offer to your first-choice program, it's the only offer you'll receive.
- Submit your application early. We will evaluate your application based on the grades presented when each transcript is received. If you are not admitted initially, you will automatically be re-reviewed when new grades are received (typically in February). By applying early, you'll receive access to apply for all available financial supports.
- UCalgary programs are competitive. The competitive admission process is grade-based and does not take into account other factors (volunteering, extracurricular involvement, etc.).
- There are two steps to accept an offer of admission. You must accept your offer on your Student Centre (my.ucalgary.ca) and pay the non-refundable admission deposit. This deposit will go towards your first-year tuition. The due date for this deposit is included with your offer of admission.
- Students admitted with in-progress courses receive a conditional offer of admission. To finalize your offer of admission, you must must graduate from high school, complete the five required courses and maintain your admission average.

#### Questions? We're here to help.

For more information about the application process, our Student Recruitment Team is available to support prospective undergraduate students, parents, and community members in navigating the admission process and pathway options.

Book a meeting with your recruiter today: ucalgary.ca/recruiters

CLICK HERE

## Choosing and customizing a degree

## An education tailored to your interests, skills and career goals

Some of the most commonly asked questions by students are What major should I choose? and What can I do with my degree after university?

Exploring various programs and majors can open up a plethora of career opportunities. But, with so many options, decision-making can be both exciting and stressful. Here are two simple steps to help you find clarity and gain confidence in choosing your career path.

#### Step 1: Selecting your major

For students who are unsure about which major to pursue, here are some resources that can help explore your possibilities for study:

- Review the First Year Degree Guide to see what courses are included in your first year of study: ucalgary.ca/student-services/ degree-guide
- Use the career wheel to refine your career aspirations: ucalgary.ca/student-services/careers/students/ browse-online-resources/plan-your-career
- When you apply, be sure to rank your program choices with your most desired program as your first choice.
   If you receive an offer to your first-choice program, this is the only offer you will receive.

#### **Step 2:** Customizing your degree (optional)

Students have the added flexibility to customize their degrees according to their interests and aspirations. Here are some options:

- Choose a minor in an upper year
- Take a combined degree
- Integrate an embedded certificate in an upper year
- Pursue a study abroad, undergraduate research, or workintegrated learning opportunity. To access our database of all available extracurricular activities at UCalgary, visit: elevate.ucalgary.ca/catalogue.htm

#### The Choose UCalgary Podcast: Hear from students, faculty and staff

Get the inside scoop on programs, admissions and campus life. With every episode, we share real undergraduate student experiences. It's also a great way to learn about our faculties, clubs and more.

CLICK HERE



Podcast: Choose UCalgary



Find detailed descriptions of all our undergraduate programs

#### CLICK HERE

ucalgary.ca/future-students/ undergraduate/explore-programs

#### Tours and events: Visit us on campus or online

UCalgary offers daily in-person campus tours. These tours are a chance for you to ask questions about our programs and see our classrooms, facilities and more.

You can explore UCalgary and chat with our team from the comfort of home with our virtual tour, hosted biweekly, available on the Choose UCalgary Facebook page.

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Can't join the virtual tour? Download the *Discover UCalgary* app and take the tour at your convenience.

CLICK HERE

Learn about tours and events ucalgary.ca/future-students/undergraduate/tours-and-events



## **Understanding your costs**



primarily on academic merit, but there may be additional selection factors.

Scholarship: A scholarship is based

**Examples of available awards** 

Bursary: A bursary is based on financial need. Financial need is calculated by looking at a student's costs and then subtracting their financial resources.

Award: An award is based on multiple requirements, such as extracurricular success, volunteer work, or other achievements outside of the classroom.

**Prestige awards:** These awards are for high-achieving incoming students. A student's academic excellence and accomplishments outside the classroom are considered.

Continuing student awards: Awards that are available to UCalgary students after their first year of study. These awards are both competitive based on merit or based on selection by your faculty.

Learn more about awards at: ucalgary.ca/awards

Want tips for UCalgary award applications? Register for a webinar!

**CLICK HERE** 

How to fund your education

ucalgary.ca/future-students/undergraduate/events

#### **Try our Cost Estimator Tool**

University is a valuable investment and planning for your university costs and how to fund your education is important. To make the process easier, we've created an online Cost Estimator Tool. Use it to get a estimate of costs specific to your unique circumstance.

Scan the QR code and input answers to the questions to find out your estimated costs for your first year of study. If you aren't sure which faculty you wish to study in, explore the tools outlined on pages 14-15 of this viewbook.

Access our Cost Estimator Tool.

CLICK HERE

ucalgary.ca/cost-estimator

## \$

Learn about budgeting, money-saving strategies, financial planning and more by attending a Money Smart workshop, making an appointment with a Money Smart peer helper or accessing our resources at the website below.

#### **CLICK HERE**

ucalgary.ca/registrar/ finances/money-smart

### \$20M+

in scholarships and awards available annually

740

awards distributed to incoming students in the 2024 intake

\$39,400 to \$100,000

value of prestige awards

#### **Other financial supports**

#### Financial aid

Government student loans and grants are available to Canadian citizens and permanent residents. Students can apply through their home province of residence or visit ucalgary.ca/student-loans for details.

#### **Using RESPs**

Students use an official confirmation of registration letter to submit as proof of enrolment for withdrawing RESP funds.

The official confirmation of registration letter is available once students are registered in courses and tuition fees have been posted to their account (May). Tuition fees are due in September after the start of classes.

Learn more at: ucalgary.ca/registrar/student-centre/mycreds/letters

#### **\*** Payment plans

We want to make it as easy as possible for students to pay their tuition and fees.

That's why UCalgary students have the option to self-enrol in a payment plan that allows them to pay in instalments over the term, rather than all

Learn more at ucalgary.ca/registrar/finances/ tuition-fees/pay-your-fees

#### Student fees provide you with great benefits

- Athletic facilities
- Transit pass
- Dinos game tickets
- Campus recreation
- Health and dental

#### **Common misconceptions**

#### "I don't qualify for an award."

Criteria for awards at UCalgary varies — it's not always based on academic merit. What you do outside of the classroom has as much of an impact in selections.

#### "The process is time-consuming."

Applying for high school awards is easier than you think. You can complete one application to be eligible for hundreds of awards in about 15 minutes!

#### "If I don't get an award as a new student, I'll never receive anything."

Many awards are available throughout your UCalgary journey. 75% of awards are for 2nd-, 3rd- and 4th-year students.

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### We would love to meet you!

UCalgary's Student Recruitment Team is here to answer all your questions about becoming a UCalgary Dino! From admission requirements to campus services and life in Calgary, connecting with our team is a great way to start your UCalgary journey.

Book a meeting today!

**CLICK HERE** 

ucalgary.ca/recruiters

### Join our mailing list

To learn more about our campus community, join our mailing list. You'll be able to request more information, find out when we'll be visiting a town or city near you and get important details and reminders.

**CLICK HERE** 

To sign up, visit: discover.ucalgary.ca/register/undergradrequest

## Increasing access to impactful and future-focused education

Studies show that, because of a lack of opportunity, first-generation students may face lower post-secondary participation rates unrelated to talent. Barriers to accessing university can be cultural, academic, financial and informational.

The new First-Generation Scholars Program opens doors by providing financial support and wraparound services for students who are the first in their family to attend university.

Eligible students will receive \$2,500 towards their first year of tuition.

A mentorship program, a network of firstgeneration students, and specialized academic advising are available for first-generation students.

By submitting the undergraduate high school awards application, eligible incoming first-generation students will receive funding.

Learn more: ucalgary.ca/about/ahead-of-tomorrow/first-generation-scholars-program

Hear from first-generation students and their experiences at UCalgary

CLICK HERE



Find more information on why you should choose UCalgary

**CLICK HERE** 

ucalgary.ca/future-students/undergraduate/experience



