



UNIVERSITY OF
CALGARY



you are not alone

Sexual violence support

**If you have been affected by sexual violence,
know that you are not alone.**

We believe you and can connect you to services, help you think through options or just listen. We will support you in whatever you choose to do.

How we can help

You have access to our support, regardless if the act happened on- or off-campus, or if you experienced sexual violence before coming to UCalgary.

With your consent, we can help you with:

- Navigating procedures and resources within the university and the community
- Self-care resources
- Academic consideration and workplace accommodations
- Referrals to counselling and medical services
- Understanding the reporting options available
- Having someone to listen

If you need immediate support, contact one of these 24/7 services:

Calgary Sexual Assault Response Team (CSART)

403.955.6030

Calgary Communities Against Sexual Abuse (CCASA)

Toll-Free (in Alberta) 1.877.237.5888

The Distress Centre

403.266.4357 | The Distress Centre is a 24-hour crisis line for Calgarians.

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Sexual Violence Support Advocate

ucalgary.ca/sexualviolencesupport

T: 403.220.2208 | E: svsa@ucalgary.ca

