

Registered massage therapists at Student Wellness Services

Linda Belenchuk has over twenty years of experience in the massage field. Her education includes degrees in both kinesiology, religious studies and a masters in psychology. The massage techniques she uses most often are deep therapeutic, cranial sacral, trigger point therapy and cupping. Linda continues to increase her knowledge and skills to help meet the needs of her clients. Linda enjoys working on the diverse clients that benefit from her services at the University of Calgary.

Garner Blieske has been a massage therapist and fitness trainer for 25 years. He enjoys applying his passion for fitness and healthy living in his work. Garner has the opportunity to work with athletes in a wide range of sports, as well as many people with chronic and acute conditions and injuries. Garner competes in octathlons, power lifting, triathlons and other activities that have led to many accomplishments and a few world records. Garner continues to work on his own fitness.

Gail Fleck began her massage career in 1995 and joined the SU Wellness Centre in 2005. She is a member of the Massage Therapist Association of Alberta (MTAA). Gail has extensive knowledge and education in areas including deep tissue massage, trigger point therapy and myofascial release. She provides massages that are thorough and precise and specializes in Craniosacral Therapy. Find out more about [Craniosacral Therapy](#).

Mavis Wahl-LeBlanc is a transplant from Saskatchewan. She attended post-secondary at the University of Calgary and Mount Royal University. Mavis started out working as a junior hockey trainer and expanded into working with high performance athletes. Throughout her career she's worked with a number of Canada's National Teams at four Olympic Games, Commonwealth and Pan American Games, Paralympics and multiple World Championships. Mavis is one of a few Certified Sports Massage Therapists in Canada and is a member of the Massage Therapist Association of Alberta (MTAA).